



S4PH
GBM 7
4/21/2021

PROFESSOR CHRISSY CMORIK

SDSU Professor for Honors Human Sexuality |
Director of Education at Planned Parenthood



POINT SYSTEM

- **POINTS DUE 5/6/2021**
- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure to attend our events, fundraising, and etc! (Up to 5 points for meetings)
- **MUST** pay the membership fees by the deadline. Failure to do so will not have you recognized as an active member for this semester~ but your volunteerism is greatly appreciated.
- At least **TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted on our website. Only accepting submissions 48 hours after the event.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation. (sorry, **no** exceptions!)
- Visit our website, **students4publichealth.weebly.com/** to view overall points.
- Go to "points" from the dropdown menu then click "Spring 2020 Points Spreadsheet"



FUNDRAISING REMINDERS

- At least **TWO** fundraisers are required to be considered an active member.
- Mention Students 4 Public Health at **EVERY** fundraiser
- Save your receipt in order to get a point and **SUBMIT IT TO THE POINT OPPORTUNITY LINK**
 - This can be found on our Website / quick direct link on Linktree (in bio of IG page)
- Point opportunity towards every fundraiser you attend :)
- More fundraisers to come!

CHICKPEA FUNDRAISER

- WEDNESDAY, APRIL 28TH
- 11AM-8PM
- MAKE SURE TO SHOW FLYER!



STUDENTS FOR PUBLIC HEALTH X CHICKPEA

FUNDRAISER

In the mood for Mediterranean cuisine?
Come support S4PH & Chickpea

APRIL 28TH, 2021

11 AM - 8 PM

5111 COLLEGE AVE, SAN DIEGO, CA 92115

Enjoy a wide array of different appetizers,
plates, wraps, and traditional desserts
ranging from hummus, falafel, potato balls
and baklava!

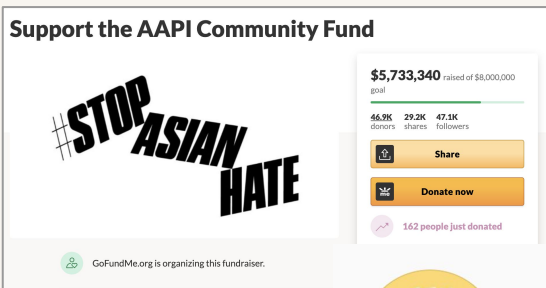
Please show the cashier this digital flyer, 20%
of proceeds will go back to SDSU S4PH



VIRTUAL FUNDRAISER - STOP ASIAN HATE

- VENMO: @S4PHTREASURER
- DONATIONS GO TOWARDS AAPI COMMUNITY FUND AND SAN DIEGO CABBIE

Support the AAPI Community Fund



#STOP ASIAN HATE

\$5,733,340 raised of \$8,000,000 goal

46.2K donors 29.2K shares 47.1K followers

Share

Donate now

162 people just donated

GoFundMe.org is organizing this fundraiser.



sandiegocabbie [Follow](#)

9 posts 568 followers 14 following

BASED IN SAN DIEGO

* for Asian elderly/women/individuals with a disability in need

* venmo @sandiegocabbie

* check linktree below ↓ for ride funding/contact info

linktr.ee/sandiegocabbie

STOP ASIAN HATE

venmo fundraiser

VENMO: @S4PHTREASURER

100% of the Donations will go to the
AAPI Community Fund and
San Diego Cabbie



POINT OPPORTUNITY

- DATE: APRIL 23, 2021 (FRIDAY)
- WHEN: 11:30 AM - 12 PM
- WHERE: ZOOM! (ID ON FLYER)
- 1 POINT

Counseling & Psychological Services SINGLE SERVINGS:

Coping with COVID... and Other Stress



Stress Management

Tuesday, February 16
9-9:30am PT



We Have a Vaccine -- Now What?

Thursday, March 11
1-1:30pm PT



Difficult But Necessary Conversations

Friday, April 23
11:30am-12pm PT

Use your SDSUId to log-in and
CLICK HERE TO JOIN US!

Zoom Meeting ID: 837 5973 6713



| Live Well Aztecs |



sdsucounseling



sdsu.edu/cps

POINT OPPORTUNITY

- JOIN **Students Health Advisory Committee (SHAC)**!
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting to gain **1 point** toward S4PH (4/27 @ 3:30 PM)



The banner at the top of the image features the SDSU logo and the text "JOIN SHAC STUDENT HEALTH ADVISORY COMMITTEE". Below the banner is a group photo of the SHAC members, all wearing black t-shirts with the SHAC logo.

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

MEETINGS

Dates:	Time:
2/2	3:30 pm to 4:30 pm
2/16	
3/2	
3/16	
4/13	
4/27	Location: Zoom Meeting Room bit.ly/SHACs2021
5/4	

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

CONTACT CALPULLI.SHAC@SDSU.EDU FOR MORE INFORMATION



POINT OPPORTUNITY

COMBATING RACISM IN PUBLIC HEALTH

- **Guest speaker:** Felica Jones, Executive Director of Healthy African American Families
- **DATE:** April 26, 2021 (Monday)
- **WHEN:** 2:00 PM - 3:30 PM
- **WHERE:** Zoom!
 - <https://SDSU.zoom.us/meeting/register/tZUsf-2prTspGNAhSlrwBjSyC6JQchLfTmI9>
- **2 points!!**

FINANCIAL ED SESSION

- **Multiples dates/times** up until finals week
- **WHERE:** Zoom! (Sign up)
- bit.ly/SDSUFinancialEd
- **1 point**

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

ATTEND A FINANCIAL EDUCATION SESSION!

LEARN HOW TO
SAVE MONEY FOR
WHAT YOU WANT
AND NEED.

A gift card will be given after the session while supplies last!



Topics covered:

- Budgeting and saving money
- Building credit
- Buying a first car
- Renting an apartment
- Basic Banking skills
- Student loans (coming soon!)

Sign up for an online
zoom session by going to
bit.ly/SDSUFinancialEd
or scan the code



Sessions are for educational purposes only. Peers are not allowed to provide financial advice.

WELL-BEING &
HEALTH Promotion



SA+CD

FINANCIAL JEOPARDY!

- **DATE:** April 28, 2021
(Wednesday)
- **WHEN:** 1:00 - 2:00 PM
- **WHERE:** Zoom! (Sign up)
- **1 point**

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

Financial Jeopardy



100	100	100	100
200	200	200	200
300	300	300	300
400	400	400	400

Wednesday, April 28th

Sign up:


Time: 1:00 pm to 2:00 pm

bit.ly/SDSUFinancialEd

(Gift card for attending, win more prizes!)

POINT OPPORTUNITY

- **DATE:** April 23, 2021 (Friday)
- **WHEN:** 3:30 PM - 4:30 PM
- **WHERE:** Zoom! (ID on flyer)
 - 919 0397 8638
 - Passcode: 92182
- **1 point**

 **Geography Colloquium Series Presents:**


Dr. Elizabeth Ackert
Assistant Professor of Geography
UC Santa Barbara


Resources for Health and Well-Being across Latinx Destinations

Friday, April 23, 2021
3:30 pm to 4:30 pm

Zoom Session
Meeting ID: 919 0397 8638
and Passcode 92182

About the Speaker:

 Dr. Ackert's research interests include racial/ethnic inequality, immigration, education, health disparities, urban geography, and quantitative methods. Her individual and collaborative work examines explanations for why racial/ethnic and immigrant-origin groups are unequally distributed across contexts—including schools, neighborhoods, and immigrant destinations—and evaluates the consequences of this contextual inequality for disparities in outcomes in domains such as education, residential mobility, and health. She is particularly interested in understanding how the attributes of immigrant-receiving contexts, including states, communities, neighborhoods, and schools, influence the educational and health outcomes of children and adolescents of Mexican origin.



Abstract:

The COVID19 pandemic has exposed place-based health vulnerabilities among Latinos/as. Geographic variation in health services and barriers to accessing these services have key implications for Latinx health access and outcomes in the COVID19 era and beyond. This research examines differences in general health services, immigrant-relevant health services, and barriers to accessing health services across Latinx communities. We investigate how health services and barriers to access differ across U.S. counties according to their histories as Latinx-receiving gateways.

POINT OPPORTUNITY

Movies for Mental Health

- **DATE:** April 29, 2021 (Thursday)
- **WHEN:** 5:00 PM - 7:00 PM
- **WHERE:** Free registration!
 - <https://www.eventbrite.com/e/san-diego-state-university-presents-movies-for-mental-health-online-tickets-135895476027>
- **1 point**



DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY @ONESDSUCOMMUNITY

ONLINE
Thursday, April 29, 2021 • 5:00 - 7:00pm PT

VIRTUAL

MOVIES FOR MENTAL HEALTH

FREE REGISTRATION: bit.ly/sdsu-m4mho

San Diego State University
Student Life & Leadership
Division of Student Affairs and Campus Diversity

ART WITH IMPACT

First MAN-ers

Sister

ONE SDSU COMMUNITY

WELL-BEING & HEALTH Promotion

SA+CD

POINT OPPORTUNITY

GreenFest Next in Sustainable Fashion

- **DATE:** April 23, 2021 (Friday)
- **WHEN:** 12:00 PM - 1:30 PM
- **WHERE:** Zoom!
 - [https://sdsu.zoom.us/meeting/register/tZ0kce-trjliHNBY1AJwBGsOQ0ePuLVds0qk](https://sdsu.zoom.us/join/https://sdsu.zoom.us/meeting/register/tZ0kce-trjliHNBY1AJwBGsOQ0ePuLVds0qk)
- **1 point**



POINT OPPORTUNITY

- CHHS Council- Help us honor the hard work of the CHHS professors, staff, and students, by sending them a compliment!
- <https://forms.gle/PLQRUuzq6S343wG56>
- **1 point**





GRADUATION CORDS!

Will be distributed: April 25th or May 9th



EXECUTIVE BOARD APPLICATIONS

- For those who are interested to apply for E-board for Fall 21-Spring 22: Please fill out this application
 - E-board Application
- **DUE:** April 21, 2021 @ MIDNIGHT Tonight

APPLICATION TIMELINE

Application Due:

April 21st, 2021 at
midnight

01

02

03

Announcements:

Email: April 30th, 2021

Students 4 Public
Health: May 5th, 2021

Interviews:

April 26th, 2021 - Sign up time will
be emailed

Time slots will be released when you
sign up

COMBATING RACISM SPEAKER SERIES RESOURCES

01.

Books recommendations:

- **Medical Apartheid**
- **The Immortal Life of Henrietta Lacks**

04.

Preston Tang:

GX Presto.com
JobScan

02.

Black Nurses
Association - **anyone
can volunteer**

05.

SBM Recap:

<https://www.youtube.com/watch?v=actXMUh5CBE>

03.


Dr. Emory:

<https://implicit.harvard.edu/implicit/takeatest.html>

06.

SBM Recap:

- Allow all voices to be heard at the table
- **Be all in!**
- Representation matters

The background is a dense, repeating pattern of stylized floral and foliage elements. It includes various types of flowers in shades of red, orange, yellow, and blue, along with green and blue leaves and stems. Some flowers have black outlines, and there are also small, delicate seed-like structures.

5 / 5

SAVE THE DATE!

BANQUET!!!

Normal Meeting Time:
2:00 PM - 3:00 PM

Certificates, prizes, and more!

POINTS OPPORTUNITIES

Event	Number of Points
General Body meeting	5
SHAC	1 (max 2 per semester)
ChickPea Fundraiser	1
Stop Asian Hate	1
Coping with COVID	1
Virtual coffee hour	1
Combating Racism in Public Health	2 points

Event	Number of Points
Anonymous Compliments	1
GreenFest	1 point
Mental Health	1 point
Resources for Health and Well being	1 point
Financial Jeopardy	1 point
Financial Aid Session	1 point

MANY THANKS!



**STUDENTS 4
PUBLIC HEALTH**

Do you have any questions?
Feel free to message us with any questions! :)

EMAIL: students4publichealth@gmail.com
IG: [@students4publichealth](https://www.instagram.com/students4publichealth/) /
students4publichealth.weebly.com

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SIGN IN: <https://forms.gle/DbWtjqJL5yTKU7LP9>