



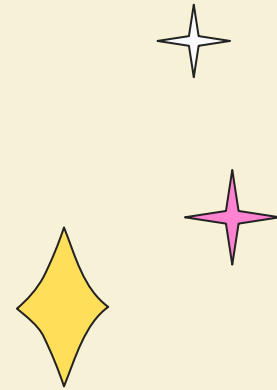
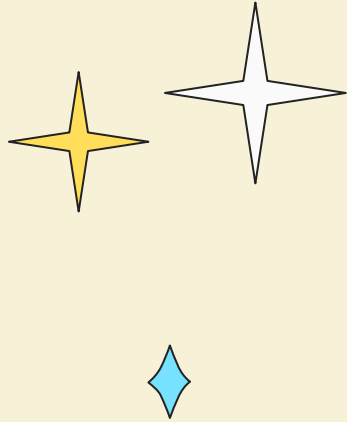
STUDENTS 4
PUBLIC HEALTH

GBM 5

Fall 2021 | 10/27/2021



Guest Speaker



Professor Calvert

Division of Environmental Health

Lecturer and Adjunct Assistant Professor

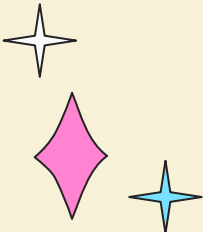
Making Strides Against Breast Cancer Walk



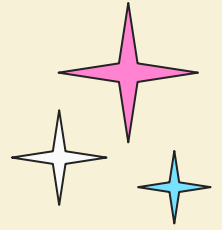
Sunday, Oct. 17th



Balboa Park



Halloween Social



WINNERS: Megan, Heather, Kaya!!! 🎉



Thank you for coming to the social!



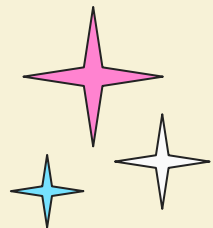
Icebreaker



The Oreo Games



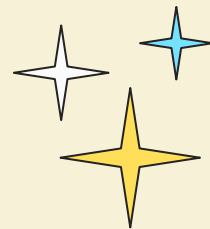
October's Member Spotlight



Tina Cao

Major: Public Health (5th year)

Career Track: Health Promotion or Global Health





SAN DIEGO STATE UNIVERSITY

STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

9/15/21: In-person (Pride Suite)

9/29/21: Virtual (Zoom)

10/13/21: Virtual (Zoom)

10/27/21: In-person (Pride Suite)

11/10/21: Virtual (Zoom)

12/8/21: In-person (Pride Suite)

*Schedule is tentative and subject to change

PRIDE SUITE: 1st floor of Student Union
(to the right of the information booth by Oggi's)

ZOOM ID: 840 2363 2041

(direct link can be found on Link Tree in IG bio)

GBM Model



- Mixture of in-person meetings and virtual meetings
 - **In person:** Pride Suite
 - **Virtual:** Zoom (Same link)
 - Everything is tentative and subject to change!
- **11/10, 12/8**
 - Highlighted dates are **VIRTUAL**





Point System

- **10 points** per semester to be active (each meeting is worth 1 point; UP to 5 points for meetings)
- **MUST** pay the membership fee by the deadline to be considered an active member
- **AT LEAST TWO** fundraising events is required per semester
- All point opportunities **MUST** be submitted to the Fall 2021 Point Submission form
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation

Fundraising Reminders



01

At least 2 of the 10 points for active membership must be fundraising points.

02

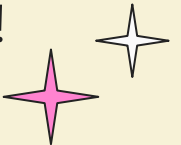
There is a point opportunity towards EVERY fundraiser you attend!

03

You must mention S4PH at every fundraiser and remember to fill out a point submission form!

04

We are planning a mix of in-person and virtual fundraisers for the rest of this year!





Chipotle Fundraiser



- **WHAT:** Chipotle Fundraiser
- **WHEN:** Tuesday, November 2nd from 5-9pm
- **WHERE:** Chipotle in the SDSU Student Union, bring your friends!!!!
- **1 Point**

Please make sure to mention **Students 4 Public Health** at the Fundraiser & don't forget to fill out a Point Submission Form

The flyer features a background of faint, overlapping text including phrases like "WE CAN DO THIS!!!", "FOOD WITH INTEGRITY", "COMMUNITY STARTS HERE", "TASTE IS MADE", "FOIL-WRAP", "TRIP", "FRESH", "GOODNESS", "GENEROUS", "HELPING", "TRIP", "MONEY", "CAN CHANGE", "THING", "DAY", "ULTIMATE", "BETTER", "SOLUTION". The main text reads "DO GOOD WITH CHIPOTLE" in large, bold, brown letters. Below this is a photograph of a wrapped burrito. The text continues: "CHIPOTLE FUNDRAISER FOR STUDENTS FOR PUBLIC HEALTH", "33% OF EVENT SALES GET DONATED TO THE CAUSE", "TUESDAY, NOVEMBER 2ND | 5-9PM", "5500 CAMPANILE DR, SAN DIEGO, CA, 92182", "ORDER ONLINE FOR PICKUP USING CODE D7GDCGC OR SHOW THIS FLYER IN RESTAURANT", and the Chipotle logo.

DO GOOD WITH CHIPOTLE

CHIPOTLE FUNDRAISER FOR
STUDENTS FOR PUBLIC HEALTH

33% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, NOVEMBER 2ND | 5-9PM
5500 CAMPANILE DR, SAN DIEGO, CA, 92182

ORDER ONLINE FOR PICKUP USING CODE **D7GDCGC**
OR SHOW THIS FLYER IN RESTAURANT

CHIPOTLE

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.




BLS AHA Certification Class




STUDENTS 4 PUBLIC HEALTH

BLS CERTIFICATION AHA CLASS

FRIDAY, NOVEMBER 5TH
11 AM - 2 PM
SAN DIEGO STATE UNIVERSITY
SCRIPPS COTTAGE


Get Certification in Basic Life Support (CPR & AED) in One Day!
Cost: \$45
To reserve your seat, pay \$5 to @S4PHTreasurer 
*100% of all seat reservation fees will be donated to the American Cancer Society, remaining \$40 due at event
RSVP here: [Bit.ly/S4PHcpr](https://bit.ly/S4PHcpr)



EMAIL FOR MORE INFORMATION: STUDENTS4PUBLICHEALTH@GMAIL.COM

- **WHAT:** BLS American Heart Association (AHA) Certification Class with instructor Matthew Martinez
- **WHEN:** Friday, November 5th at 11am-2pm
- **WHERE:** SDSU Scripps Cottage
- **RSVP:** [Bit.ly/S4PHcpr](https://bit.ly/S4PHcpr)
 - **IMPORTANT!** After RSVPing, please pay \$5 to @S4PHTreasurer on Venmo to reserve your seat! Remaining \$40 due on day of event directly to instructor!
- **2 Points!**
***100% of what S4PH earns (\$5/person) will be donated to the American Cancer Society!**

Aztecs Rock Hunger



OCTOBER 22 - NOVEMBER 14

**AZTECS
ROCK
HUNGER**
SAN DIEGO STATE UNIVERSITY

Welcome Back by Giving Back

DONATE NOW to help raise 619,000 lbs. of food
sdsu.edu/aztecsrockhunger

AS ASSOCIATED STUDENTS
SAN DIEGO STATE UNIVERSITY

- **WHAT:** Improve food insecurity by giving back! (\$1 provides 6 lb of food)
- **WHEN: Oct 22-Nov 14**
- **3 WAYS TO DONATE:**
 - Venmo @ARH2021 with caption “Students 4 Public Health”
 - Donate online at ARH website
 - Donate when purchasing at SDSU Starbucks, eateries, and markets
- **1 Point!**

SUBMIT SCREENSHOTS & RECEIPTS TO POINT SUBMISSION FORM

S4PH Merch

- **Merch design that won:** S4PH bubble letter
 - T-shirts (estimated pricing: \$13-16)
 - Crewnecks (estimated pricing: \$19-\$22)
- **If interested, fill out INTEREST form:** [Bit.ly/S4PHinterest](https://bit.ly/S4PHinterest)
 - This is just to get an estimate number of crewnecks or t-shirts we need to buy, order form will be released soon!
 - **Deadline:** Wednesday/Friday, November 3rd/5th!

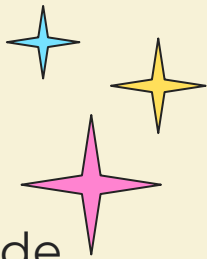


***Crewnecks and t-shirts will be white**

Merch interest form!



Join SDSU Ambassadors!



DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

INTERACT • IMPACT • INSPIRE

BECOME AN SDSU Ambassador!

STEPS TO BECOME AN SDSU AMBASSADOR

1. Visit nssp.sdsu.edu/sdsu-ambassadors to view the list of Mandatory Information Session dates/times.
2. Attend one mandatory Information Session
3. Complete the online application by Monday, Nov. 15, 2021

OCT. 25 2021 Applications are available online at nssp.sdsu.edu

NOV. 15 2021 Applications are due online no later than 4 p.m.

*Photos taken prior to COVID-19.

SA+CD

SAN DIEGO STATE UNIVERSITY
New Student and Parent Programs
Division of Student Affairs and Campus Diversity



For more information call the SDSU Ambassadors at 619-594-6868 or email ambassad@sdsu.edu.

Follow us on Instagram: [sdsuambassadors](https://www.instagram.com/sdsuambassadors)

05-21-2018

- Become a student representative, tour guide, and orientation leader!
- Great way to get involved on campus and make new friends!
- **Must** attend **ONE** information session
- **Deadline:** Monday, Nov. 15

does anyone have registration questions?

Internship Opportunity!

- Health Career Connection is offering **PAID** Summer Internships!
- Internship locations include: hospitals, community health centers, health departments, government agencies, advocacy groups, biohealth, digital health, and biopharma
- Have info sessions! (need to check the website)
- <https://www.healthcareers.org/internship-program/application/>
- **Priority Deadline: Dec 13**
- **Deadline:** Dec 27



Live Well Advance and Schools Summit



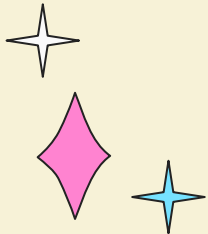
- **WHAT:** Covering topics such as mental health, youth engagement, and developing health literacy in San Diego County. Great Opportunity to learn from other health professionals and network!
- **WHEN:** Nov 17-18 (**FREE**)
- **REGISTER:** <https://pheedloop.com/2021advance/site/home/>



Research Opportunity at the ARCHES Lab

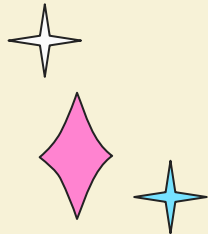


- Research positions open at the Action Research on Community Health Equity and Stigma Lab
 - Paid research positions or eligibility for PH 499 Credit
 - Need to be able to begin this semester and Spring 2022
 - Remote and must be able to work up to 6-10 hours
- Send **resume** and **cover letter** to **Jerel Calzo, jcalzo@sdsu.edu**
 - More info can be found in the PH Undergrad Canvas Page
 - [Lab website](#)



Point Opportunity

- **WHAT:** Health Professions Advising Office (HPAO) orientation
- **WHEN:** Next orientation is Monday, November 1 at 11am-12pm
- **WHERE:** Physics 244
- **1 Point Max!**



HPAO Orientation FALL 2021

Introduces students to the HPAO Office and the services we provide as well as how to start becoming a competitive applicant for their health profession of interest. The Orientation is 45 minutes long with an optional 15 minute Q&A.

All orientations will be 11am-12pm

DATES	LOCATION
Tuesday, August 31	GMCS 310
Friday, September 10	GMCS 324
Tuesday, September 21	GMCS 310
Monday, October 4	Physics 244
Tuesday, October 19	GMCS 310
Monday, November 1	Physics 244
Tuesday, November 16	GMCS 310
Monday, November 29	Physics 244

Times and dates are subject to change.

Point Opportunity

- **WHAT:** Health Professions Advising Office (HPAO) workshop
- **WHEN:** Event dates and times vary
 - Some are specific to certain pre-health professions
 - Events with ****** are general workshops
- **WHERE:** GMCS 324 for ALL workshops
- **1 Point Max!**



HPAO Fall 2021 Workshops

All Workshops will be from 4pm-5pm
Location: GMCS 324

****Open to all health professions**

Dates below are subject to change!

.....

****COVID-19 &**

Competitiveness:

Tuesday, August 3rd

Wednesday, September 1st



****Personal Statement:**

Tuesday, September 7th

Wednesday, September 8th



Medicine Competitive Applicant

Tuesday, September 14th

Wednesday, September 15th



Pharmacy Competitive Applicant:

Tuesday, September 21st

Wednesday, September 22nd



PA Competitive Applicant:

Tuesday, September 28th

Wednesday, September 29th



****LoR Workshop:**

Tuesday, October 5th

Wednesday, October 6th



****Personal Statement:**

Tuesday, November 30th

Wednesday, December 1st

Dental Competitive Applicant:

Tuesday, October 12th

Wednesday, October 13th



Optometry Competitive Applicant:

Tuesday, October 19th

Wednesday, October 20th



Vet Competitive Applicant:

Tuesday, October 26th

Wednesday, October 27th



****CAS System - Understanding the Application Workshop:**

Tuesday, November 2nd

Wednesday, November 3rd



****SJT and CASPER:**

Tuesday, November 9th

Wednesday, November 10th



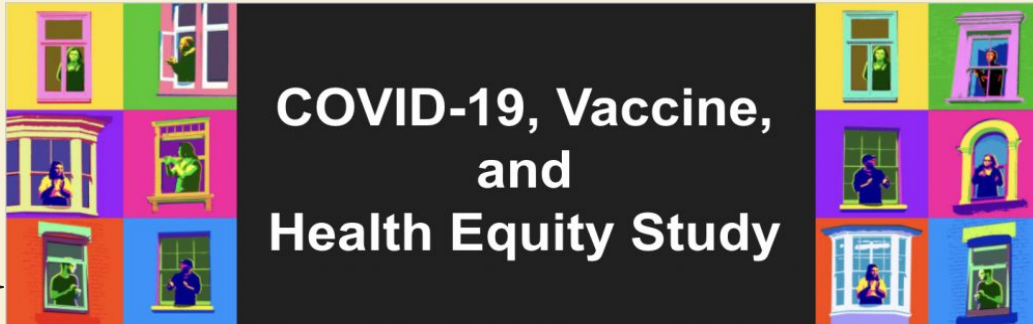
****Interviewing and Interview Process:**

Tuesday, November 16th

Wednesday, November 17th

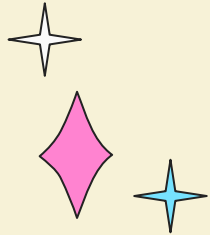
Point Opportunity

- **WHAT:** Participate in the COVID-19, Vaccine, and Health Equity survey that contains questions for a research project concerning the COVID-19 vaccine
- **SURVEY LINK:** <https://bit.ly/SDSUCOVIDstudy>
- For any questions, contact COVID19.HealthEquityStudy@gmail.com
- **1 Point!**



Point Opportunity

- **WHAT:** Virtual coffee hour with Esmeralda, PH undergrad advisor
- **WHEN:** 2-3pm on **MONDAYS**
 - Changed the date!
- **WHERE:** Zoom (Meeting ID: [87219180637](https://sdsu.zoom.us/j/87219180637))
- **1 Point Max**



HAVE ADVISING QUESTIONS?
JOIN US FOR OUR

VIRTUAL COFFEE HOUR

MONDAYS
FROM 2:00 PM - 3:00 PM

ZOOM:
[HTTPS://SDSU.ZOOM.US/J/87219180637](https://sdsu.zoom.us/j/87219180637)

The graphic features a top-down view of a coffee table with two white coffee cups, a glass, and a newspaper. The text is overlaid on the image in white and pink.

Point Opportunity

- **WHAT:** Student Health Advisory Committee (SHAC) GBMs
- **WHEN:** Tuesdays at 3:30pm-4:30pm
- **WHERE:** Zoom ([Bit.ly/SDSUSHAC](https://bit.ly/SDSUSHAC))
- Questions? Contact Melissa at mlucarelli@sdsu.edu
- **1 Point Max**

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

JOIN SHAC

STUDENT HEALTH ADVISORY COMMITTEE

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

MEETINGS

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

Dates:

- 8/31
- 9/14
- 9/28
- 10/12
- 10/26
- 11/9
- 11/23
- 12/7

Time:

Tuesdays
3:30 pm to 4:30 pm

Location:

Zoom Meeting Room
bit.ly/SDSUSHAC

CONTACT CALPULLI.SHAC@SDSU.EDU
FOR MORE INFORMATION

SAN DIEGO STATE UNIVERSITY
Division of Student Affairs and Campus Diversity

SA+CD

Points Possible



Event	Number of Points
S4PH GBMs	5 max
Chipotle Fundraiser	1 point
BLS Certification Class	2 points
Virtual Coffee Hour	1 max
HPAO Orientation	1 max
HPAO workshop	1 max
COVID-19 Survey	1 point
SHAC GBMs	1 max
Aztecs Rock Hunger	1 point
Live Well Advance Conference	1 point



Visit our Linktree!

To access direct links to our:

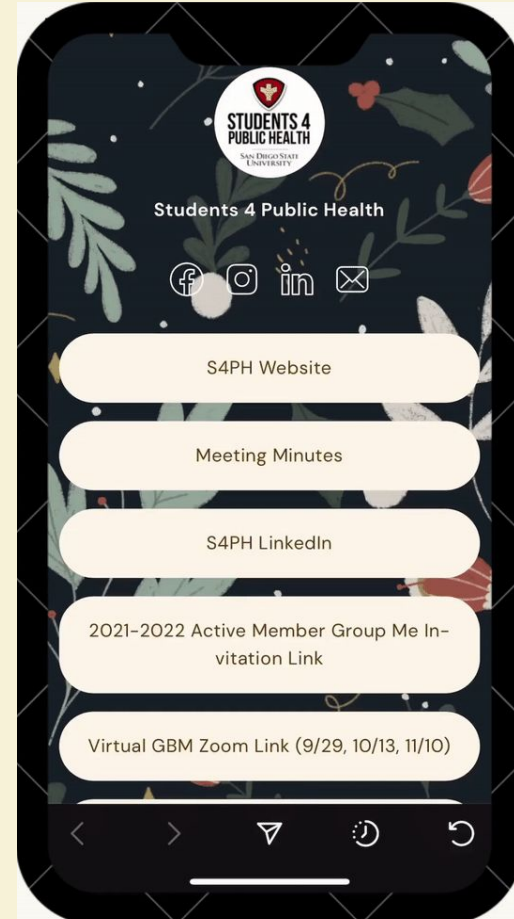
- Website
- Minute meetings
- LinkedIn **(NEW-follow us!)**
- GroupMe invitation
- Zoom link for virtual GBMs
(bit.ly/S4PHgbm)
- Point opportunities
- Internship/Job/Volunteer apps

<https://linktr.ee/students4publichealth>

DIRECT LINK ON INSTAGRAM



@Students4PublicHealth





THANK YOU!

Have a fun & safe Halloween!



Sign in sheet:



Google Form:

bit.ly/S4PHsignin

