



Glm 4

Fall 2021 | 10/13/2021

Guest Speaker: *Dr. Felner*

Assistant Professor and Undergraduate
Program Director for the SDSU School
of Public Health

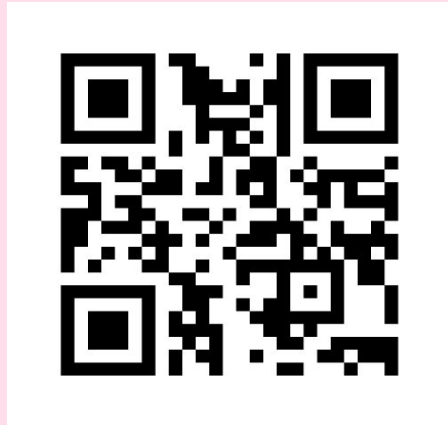


Icebreaker

Voting Link:

<https://www.menti.com/uuuyoxov8w>

Code: 8816 2884





SAN DIEGO STATE UNIVERSITY

STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

9/15/21: In-person (Pride Suite)

9/29/21: Virtual (Zoom)

10/13/21: Virtual (Zoom)


10/27/21: In-person (Pride Suite)

11/10/21: Virtual (Zoom)

12/8/21: In-person (Pride Suite)

*Schedule is tentative and subject to change

PRIDE SUITE: 1st floor of Student Union
(to the right of the information booth by Oggi's)

 **ZOOM ID:** 840 2363 2041

(direct link can be found on Link Tree in IG bio)

GBM Model

- Mixture of in-person meetings and virtual meetings
 - **In person:** Pride Suite
 - **Virtual:** Zoom (Same link)
 - Everything is tentative and subject to change!
- 10/27, 11/10, 12/8
 - Highlighted dates are **VIRTUAL**

Point Requirements

- **10 points** per semester to be active (each meeting is worth 1 point; UP to 5 points for meetings)
- **MUST** pay the membership fee by the deadline to be considered an active member
- **AT LEAST TWO** fundraising events is required per semester
- All point opportunities **MUST** be submitted to the Fall 2021 Point Submission form
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation

Fundraisers

1

At least **2** of the **10** **points** for active membership must be fundraising points.

2

There is a point opportunity towards **EVERY** fundraiser you attend!

3

You must mention **S4PH** at every fundraiser and remember to fill out a point submission form!

4

We are planning a mix of **in-person** and **virtual** fundraisers for the rest of this year!

Epic Wings Fundraiser

Tomorrow! October 14th
10:30am-10:30 pm

5120 College Ave #126, San Diego, CA 92115

- No coupons, discounts, or other offers valid
- Meal plans are also not valid during event
- Please mention **Students 4 Public Health** when you order!
- Upload your receipt to the Points Submission form on our Linktree!
- **1 Fundraising Point!**



**STUDENTS 4
PUBLIC HEALTH**
SAN DIEGO STATE
UNIVERSITY

**Epic
Wings**

S4PH FUNDRAISER

**OCTOBER 14TH
10:30AM-10:30 PM**

5120 College Ave #126, San Diego,
CA 92115

On the corner of College Ave and
Montezuma Road

**PLEASE SHOW
THE CASHIER
THIS DIGITAL
FLYER**



Walking Strides against Breast Cancer Walk

WHEN: Sunday, October 17th at 7am

- Rolling start/stop
- ~2 mile walk
- Wear pink!

WHERE: Balboa Park

- Carpool meet-ups will be at 6:30am at **Parking Structure 1 (Level 1)**
- Meet-ups at Balboa Park will be at the lily pond
- **1 Point for attending!**

CARPOOL FORM:



Can you drive other members or need a ride to & from the event? Fill out the form! *(1 Point for driving!)*

Breast Cancer Walk GroupMe

Attending the walk on Sunday? Join our S4PH x Walking Strides Against Breast Cancer [GroupMe](#)

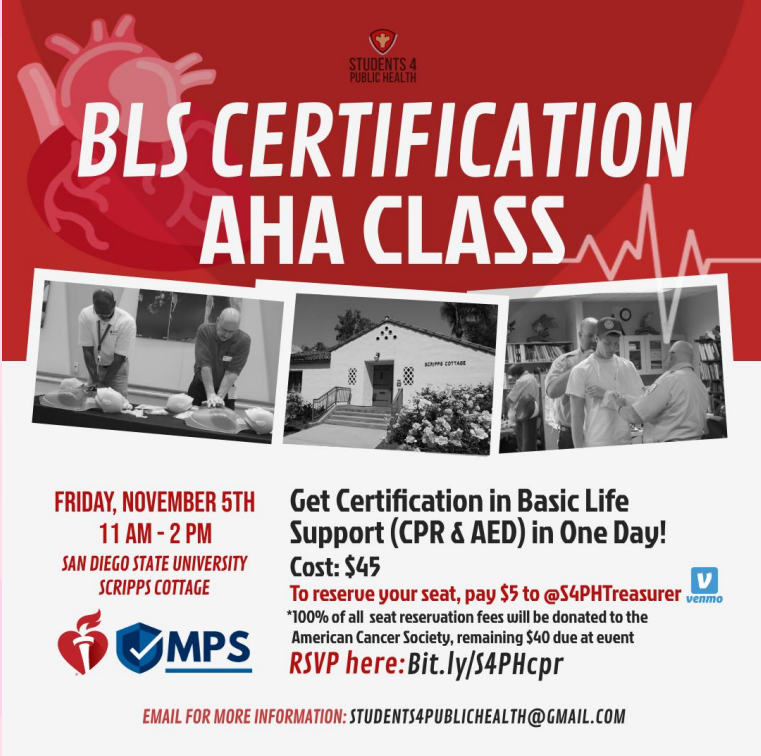


Walk with us on
Sunday, October 17th
at Balboa Park!

Not sure if you joined the team? View roster [here!](#)

BLS AHA Certification Class

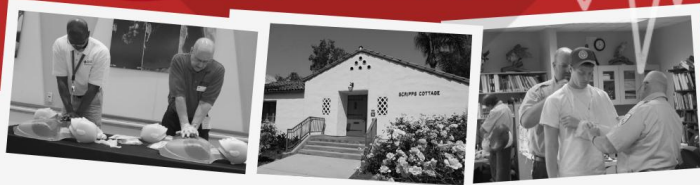
- **WHAT:** BLS American Heart Association (AHA) Certification Class with instructor Matthew Martinez
 - **WHEN:** Friday, November 5th at 11am-2pm
 - **WHERE:** SDSU Scripps Cottage
 - **RSVP:** [Bit.ly/S4PHcpr](https://bit.ly/S4PHcpr)
 - Pay \$5 to @S4PHTreasurer on Venmo to reserve seat, remaining \$40 due on day of event directly to instructor
 - **2 Points!**
- *100% of what S4PH earns (\$5/person) will be donated to the American Cancer Society!**




The poster features a red background with a white heart and ECG line graphic. At the top right is the logo for 'STUDENTS 4 PUBLIC HEALTH'. The main title 'BLS CERTIFICATION AHA CLASS' is in large white letters. Below the title are three small photos: two people performing CPR on a mannequin, the exterior of the Scripps Cottage building, and two people in white lab coats talking. At the bottom, there is text about the date, time, location, cost, and RSVP information, along with logos for the American Cancer Society and MPS.

STUDENTS 4 PUBLIC HEALTH



BLS CERTIFICATION AHA CLASS



**FRIDAY, NOVEMBER 5TH
11 AM - 2 PM**
SAN DIEGO STATE UNIVERSITY
SCRIPPS COTTAGE

Get Certification in Basic Life Support (CPR & AED) in One Day!
Cost: \$45
To reserve your seat, pay \$5 to @S4PHTreasurer 

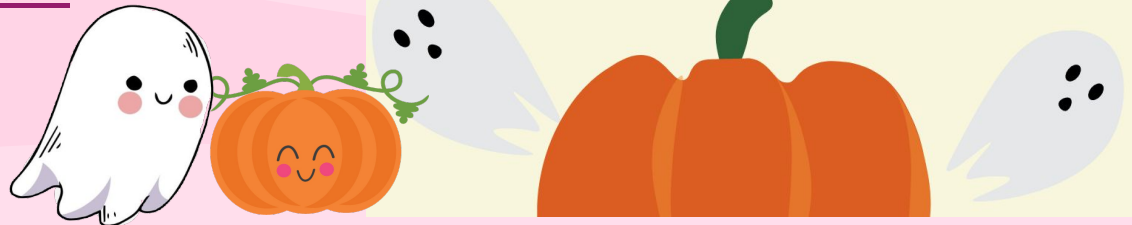
*100% of all seat reservation fees will be donated to the American Cancer Society, remaining \$40 due at event
RSVP here: [Bit.ly/S4PHcpr](https://bit.ly/S4PHcpr)

EMAIL FOR MORE INFORMATION: STUDENTS4PUBLICHEALTH@GMAIL.COM

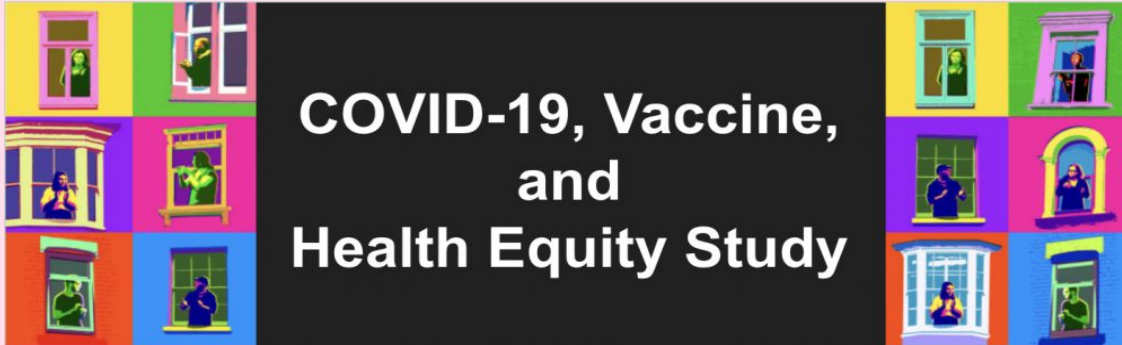
Halloween Social

- **WHAT:** Paint some pumpkins and watch spooky movies with some of the S4PH officers! Top 3 pumpkin painters will receive a \$15 Starbucks gift card!
- **WHEN:** Friday, October 22nd at 3-4:30pm
- **WHERE:** Aztian (Student Union, 2nd floor)
- **RSVP:** [Bit.ly/S4PHhalloween](https://bit.ly/S4PHhalloween)
- **1 Point!**



Point Opportunity

- **WHAT:** Participate in the COVID-19, Vaccine, and Health Equity survey that contains questions for a research project concerning the COVID-19 vaccine
- **SURVEY LINK:** <https://bit.ly/SDSUCOVIDstudy>
- For any questions, contact COVID19.HealthEquityStudy@gmail.com
- **1 point!**



Point Opportunity

- **WHAT:** Health Professions Advising Office (HPAO) orientation
- **WHEN:** Next orientation is Tuesday, October 19th at 11am-12pm
- **WHERE:** GMCS 310
- **1 Point Max!**

More evening orientations are being added, but check in with HPAO for any questions or concerns!

HPAO Orientation FALL 2021

Introduces students to the HPAO Office and the services we provide as well as how to start becoming a competitive applicant for their health profession of interest. The Orientation is 45 minutes long with an optional 15 minute Q&A.

All orientations will be 11am-12pm

DATES	LOCATION
Tuesday, August 31	GMCS 310
Friday, September 10	GMCS 324
Tuesday, September 21	GMCS 310
Monday, October 4	Physics 244
Tuesday, October 19	GMCS 310
Monday, November 1	Physics 244
Tuesday, November 16	GMCS 310
Monday, November 29	Physics 244

Times and dates are subject to change.

Point Opportunity

- **WHAT:** Health Professions Advising Office (HPAO) workshop
- **WHEN:** Event dates and times vary (some are specific to certain pre-health professions)
- **WHERE:** GMCS 324 for **ALL** workshops
- **1 Point Max!**

HPAO Fall 2021 Workshops

All Workshops will be from 4pm-5pm

Location: GMCS 324

**Open to all health professions

Dates below are subject to change!

.....
**COVID-19 &
Competitiveness:
Tuesday, August 3rd
Wednesday, September 1st

**Personal Statement:
Tuesday, September 7th
Wednesday, September 8th

Medicine Competitive
Applicant
Tuesday, September 14th
Wednesday, September 15th

Pharmacy Competitive
Applicant:
Tuesday, September 21st
Wednesday, September 22nd

PA Competitive Applicant:
Tuesday, September 28th
Wednesday, September 29th

**LoR Workshop:
Tuesday, October 5th
Wednesday, October 6th

**Personal Statement:
Tuesday, November 30th
Wednesday, December 1st

Dental Competitive Applicant:
Tuesday, October 12th
Wednesday, October 13th

Optometry Competitive
Applicant:
Tuesday, October 19th
Wednesday, October 20th

Vet Competitive Applicant:
Tuesday, October 26th
Wednesday, October 27th

**CAS System -
Understanding the Application
Workshop:
Tuesday, November 2nd
Wednesday, November 3rd

**SJT and CASPER:
Tuesday, November 9th
Wednesday, November 10th

**Interviewing and Interview
Process:
Tuesday, November 16th
Wednesday, November 17th

Point Opportunity

- **WHAT:** Public Health Undergraduate Success Forum. Great way to meet faculty, get advice for Spring 2022 registration, research, internships, and other ways to get involved on-campus!
- **WHEN:** Next Wednesday, October 20th at 2-3pm
- **WHERE:** Zoom (Meeting ID: [81387455514](https://us02.zoom.us/j/81387455514))
- **1 Point Max**

SDSU CHHS

PUBLIC HEALTH UNDERGRADUATE SUCCESS FORUM

OCTOBER 20, 2021 // 2PM - 3PM

ZOOM ID: 813 8745 5514

Please join your SPH Director, Undergraduate Director, Faculty, and Staff for a one hour forum to help you stay successful in your public health bachelor's program.

This is an opportunity to:

- Meet your faculty and get tips for connecting with your instructors
- Get advice for Spring 2022 registration
- Learn how to get involved on campus
- Hear about research, internships, and other Area B opportunities
- Sign up to speak with former students about grad school
- Ask any questions about your degree or career

MEET YOUR DIRECTORS:

School of Public Health
Interim Director
Dr. Eyal Oren



Undergraduate Public
Health Director
Dr. Jennifer Felner



Point Opportunity

- **WHAT:** Interactive talk with guest speaker Dr. Jennifer Gunsallus that is hosted by the Center of Wellbeing & Health Promotion
- **WHEN:** Next Thursday, October 21st at 6pm
- **WHERE:** Union Theatre
- **1 Point Max**

**Sex on Campus:
How Do You
Know What
You're Doing?!**



Dr. Jennifer Gunsallus

Thursday, October 21

6:00 PM

Union Theatre

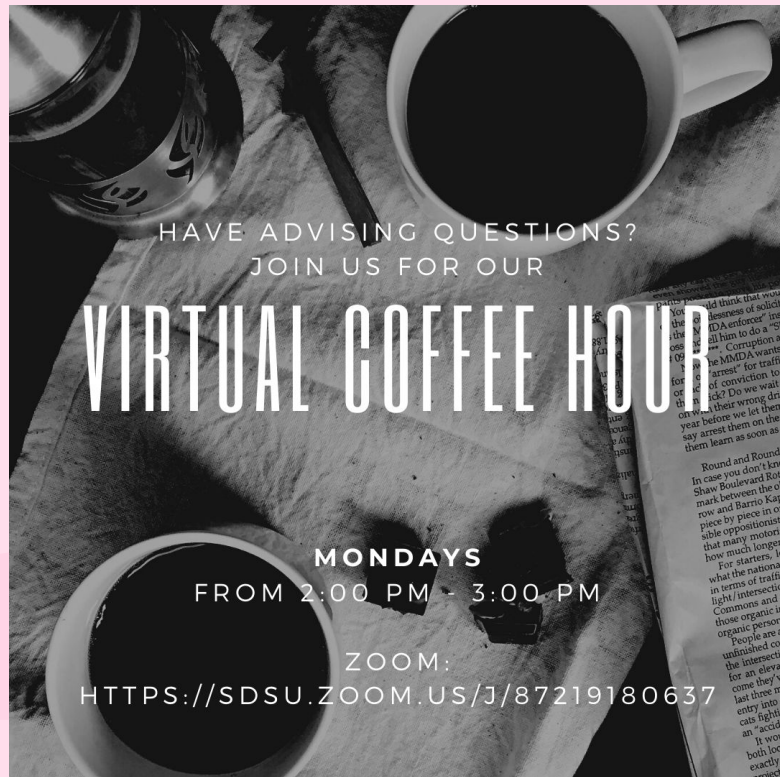
Join us for this interactive talk and Dr. Jenn's signature combo of humor, honesty, and down-to-earth advice.

accreditation available



Point Opportunity

- **WHAT:** Virtual coffee hour with Esmeralda, PH undergrad advisor
- **WHEN:** 2-3pm on **MONDAYS**
 - Changed the date!
- **WHERE:** Zoom (Meeting ID: **87219180637**)
- **1 Point Max**



Point Opportunity

- **WHAT:** Student Health Advisory Committee (SHAC) GBMs
- **WHEN:** Tuesdays at 3:30pm-4:30pm
- **WHERE:** Zoom ([Bit.ly/SDSUSHAC](https://bit.ly/SDSUSHAC))
- Questions? Contact Melissa at mlucarelli@sdsu.edu
- **1 Point Max**

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

JOIN SHAC

STUDENT HEALTH ADVISORY COMMITTEE

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

MEETINGS

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

Dates:

8/31	
9/14	
9/28	
10/12	
10/26	
11/9	
11/23	
12/7	

Time:
Tuesdays
3:30 pm to 4:30 pm

Location:
Zoom Meeting Room
bit.ly/SDSUSHAC



CONTACT CALPULLI.SHAC@SDSU.EDU
FOR MORE INFORMATION

 SAN DIEGO STATE UNIVERSITY
Division of Student Affairs and Campus Diversity

SA+CD

Possible Points

Event	Number of Points
S4PH GBMs	5 max
Epic Wings Fundraiser	1 max
BLS Certification Class	2 max
Virtual Coffee Hour	1 max
HPAO Orientation	1 max
HPAO workshop (1 ONLY)	1 max
Breast Cancer Walk	1 max
COVID-19 Survey	1 max
SHAC GBMs	1 max

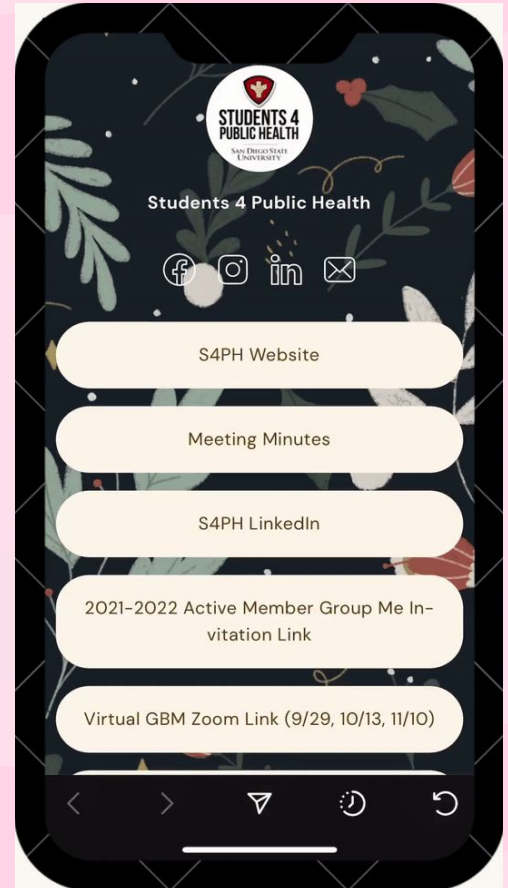
Visit our Linktree

To access direct links to our:

- Website
- Minute meetings
- LinkedIn (**NEW-follow us!**)
- GroupMe invitation
- Zoom link for virtual GBMs (bit.ly/S4PHgbm)
- Point opportunities
- Internship/Job/Volunteer apps

<https://linktr.ee/students4publichealth>

DIRECT LINK ON INSTAGRAM





Thank you

Sign in sheet:



bit.ly/S4PHsignin





*For those watching
recorded GBMs...*



Don't forget to submit your point!



bit.ly/S4PHpoints

