



*Welcome to our first  
GBM of Fall semester!*

*9/01/2021 | Fall 2021*



**STUDENTS 4  
PUBLIC HEALTH**

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SAN DIEGO STATE  
UNIVERSITY

# *GBM Hybrid Model*

- *Mixture of in-person meetings and virtual meeting*
  - *In person: Pride Suite*
  - *Virtual: Zoom (Same link)*
  - *Everything is tentative and subject to change!*
- *Our current plan:*

**9/1**, 9/15, **9/29**, **10/13**, 10/27, **11/10**, 12/8

*\*Boxed = virtual*



# Mission

*Students 4 Public Health* is a student organization dedicated to **preventing, promoting, and protecting** the students of San Diego State University, as well as the community at large.

**Our goal:** To raise awareness of disease by promoting healthy behaviors, preventing illnesses, and protecting the members of the community through volunteering and community service outreach.





◆ ☆ ∙ ° *Meet the S4PH*  
*Executive Board!* ☆ ∙ ° ◆





*President:*

*Nikki Phan*

- Year/Major: 4th Year, IS3D (PH, Bio, Psych)
- Career Track: PA

*Vice President:*

*Sandhya Muthuramalingam*

- Year/Major: 3rd Year, Public Health
- Career Track: Health Promotion



*Secretary: Paige Slight*

- Year/Major: 4th Year, Public Health
- Career Track: PA or Data Analyst



*Treasurer: Atheana Lopez*

- Year/Major: 4th Year, Public Health
- Career Track: Nurse Practitioner





*Social Chair:*  
*Emily de Souza*

- Year/Major: 4th Year, Public Health
- Career Track: Health Administration

*Public Relations:*  
*Nalani Bott*

- Year/Major: 3rd Year, Public Health
- Career Track: PA



## *Co-Fundraising: Cleo Chan*

- Year/Major: 3rd Year, Public Health
- Career Track: International Health/Epidemiology



## *Co-Fundraising: Julia Ta*

- Year/Major: 4th Year, Public Health
- Career Track: PH Education





*Icebreaker!*



# Point System

- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure you attend our events, fundraising, and tabling! (UP to 5 points for meetings).
- **MUST** pay the membership fee by the deadline. Failure to do so will not have you recognized as an active member for this semester- but your volunteerism is greatly appreciated.
- **AT LEAST TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted to the Fall 2021 Point Submission form.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation (sorry, no exception)
- Visit <http://students4publichealth.weebly.com/> to view overall points
  - Click on “points” and then “points spreadsheet”



# Membership DUES

- **How much?**
  - *NEW members: \$15*
  - *RETURNING members: \$10*
- **Payment method:**
  - **Venmo:** @S4PHTreasurer
  - Payment will be liked to confirm it's been received!
  - **DUE BY THE THIRD MEETING: Sept. 29TH, 2021!**



**venmo**



# Fundraising

- At least **TWO** fundraisers are required to be considered an active member
- Must mention Students 4 Public Health at **EVERY** fundraiser
- Save your receipt in order to get a point & **SUBMIT IT TO THE POINT OPPORTUNITY LINK** (accessible through Link Tree)
- Point opportunity towards every fundraiser you attend :)
- Will have a mix of virtual and in-person fundraisers!
- More fundraisers are being planned!



# *2021 SD Heart and Stroke Walk*

- **WHEN:** Sept. 18 at 8 AM to 12:30 PM
- **WHERE:** Balboa Park
- **HOW:** Carpooling sign-up will be offered!
  - Join the S4PH team and help us raise money for this cause (American Heart Association)!
  - How to join? We'll show you!
- **1 point for attending the walk AND 1 point if you donate to our team!**



# *Boba Fundraiser: Heart and Stroke Walk*



- In-person fundraiser
- Profits go towards the Heart and Stroke walk (American Heart Association)
- **2 options:** black milk tea, lychee green tea
- Order between Sept. 1 to Sept. 14
- **PICK UP:** Sept. 15 in front of SDSU East Commons between 3:15-4:15 pm
- **1 fundraising point if you participate in either this OR the Bingo Card.**

\*only 1 point for either Heart and Stroke Walk fundraisers may be collected, meaning if you do the bingo or/and the boba one, it will only count as 1 point.



# Boba Fundraiser: Heart and Stroke Walk

[Click here for boba order form](#)



## S4PH: Boba Order Form (Fundraiser)

Hello Students 4 Public Health Members and supporters! We are kicking off the semester with a boba fundraiser to raise profits to go towards the American Heart Association!

Order between September 1st-September 14th.

There are 2 choices of drinks to choose from and you can order them w/ boba or no boba (no ice). Only 1 size available (large). The drinks are from Tea N' More.

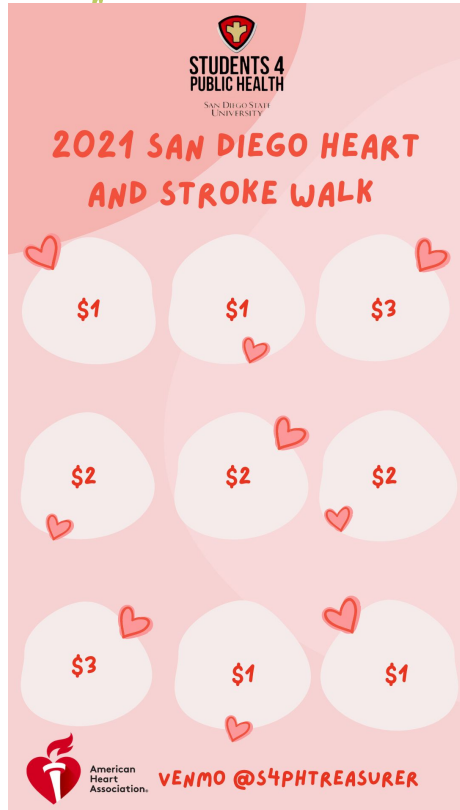
Pick up tea drinks on Wednesday September 15th ON CAMPUS at the front entrance of the East Commons between 3:15pm-5:15pm. Unfortunately, because the drinks are all going to be ordered at once, we cannot arrange pick ups at an alternate time bracket throughout the day!

If you have any questions, comments, or concerns, please contact our fundraiser chairs Cleo at 858-262-3999 or Julia at 858-537-7501.

Thank you so much for participating in S4PH's American Heart Association Boba Fundraiser <3

\* Required

# Bingo Card: Heart and Stroke Walk



- Virtual fundraiser
- Donations go towards the Heart and Stroke walk (American Heart Association)
- Post on your social media story
- Collect donations and venmo to @S4PHtreasurer with the caption “your name- AHA bingo” by 9/15.
- **1 fundraising point if you participate in either this OR the boba fundy.**

\*only 1 point for either Heart and Stroke Walk fundraisers may be collected, meaning if you do the bingo or/and the boba one, it will only count as 1 point.





# Internship Opportunity

- Join the New Live Well San Diego Youth Sector as a Youth Advisor
- Collaborate with the County of San Diego to develop the Youth Sector and uplift the diverse voices of youth across San Diego
- Application Link: [bit.ly/3rYU3pG](https://bit.ly/3rYU3pG) (Can be found on Link Tree)



The poster features a green background with white and orange text. At the top left, it says 'Live Well San Diego Youth Sector' in white on an orange background. To the right are the County of San Diego and Live Well San Diego logos. The main headline 'JOIN OUR TEAM: YOUTH ADVISOR' is in large orange letters. Below this, a blue box lists duties, a green box lists requirements, and another blue box lists details. An orange box at the bottom right contains the application link.

**Live Well San Diego Youth Sector**

**JOIN OUR TEAM:  
YOUTH ADVISOR**

**Youth Advisors:**

- Inform and guide the development and implementation of the Youth Sector
- Work with County leadership and diverse youth from across the region

**Requirements:**

- Lived experience as a young person in San Diego County
- Strong communication and collaboration skills

**Details:**

- 20 hr/week, \$20/hr
- Interviews this fall
- Primarily remote with some in-person meetings

Learn more & apply  
[bit.ly/3rYU3pG](https://bit.ly/3rYU3pG)

# Internship Opportunity

- Looking into the healthcare or medical field? Join the Pathmaker Internship to explore different departments, work with various health professionals, and gain clinical skills!
- Application: Oct. 1st (opens every 3 months)
- Application Link: <https://bit.ly/3sT97FD> (Can be found on Link Tree)

**PALOMAR HEALTH**  
Pathmaker Internship



# *Weekly Virtual Coffee Event*

- **WHEN:** Tuesday's  
from 10am-11am
- **WHERE:** On zoom!  
(link is in the PH  
undergrad canvas  
page)
- **1 Point Maximum**



# Possible Points

<b>Event</b>	<b>Number of Points</b>
General Body Meetings	5
Virtual Coffee	1
Heart and Stroke Walk	1 for attending 1 for fundraiser (Boba <u>or</u> Bingo)



# *Group Me & General Member Form*

Join our Group Me:

[https://groupme.com/join\\_group/69774511/rS7SatCG](https://groupme.com/join_group/69774511/rS7SatCG)



Fill out our General Member Info form:

<https://forms.gle/kddZbbudknT3>

[XAjM7](#)





**STUDENTS 4  
PUBLIC HEALTH**

# *Fall 2021 Meetings!*

9/1, 9/15, 9/29, 10/13, 10/27, 11/10, 12/8

**WEDNESDAYS | 2-3 PM | PRIDE SUITE  
HYBRID | SUBJECT TO CHANGE (COVID)**

Website: [students4publichealth.weebly.com](https://students4publichealth.weebly.com)

Email: [students4publichealth@gmail.com](mailto:students4publichealth@gmail.com)



sdsus4ph



students4publichealth



# Thanks!

Any questions?

*You can find us on Ig or email us!*

*@students4publichealth*

*students4publichealth@gmail.com*

*https://linktr.ee/students4publichealth*

*Bookmark our Link Tree*

*It will always be updated*

*with important links!*

Sign-in sheet:

