



WELCOME! :)  
S4PH MEETING 5



Tara Beeston (MPH)

Community Health Program Specialist  
With San Diego County



# Point System Reminder

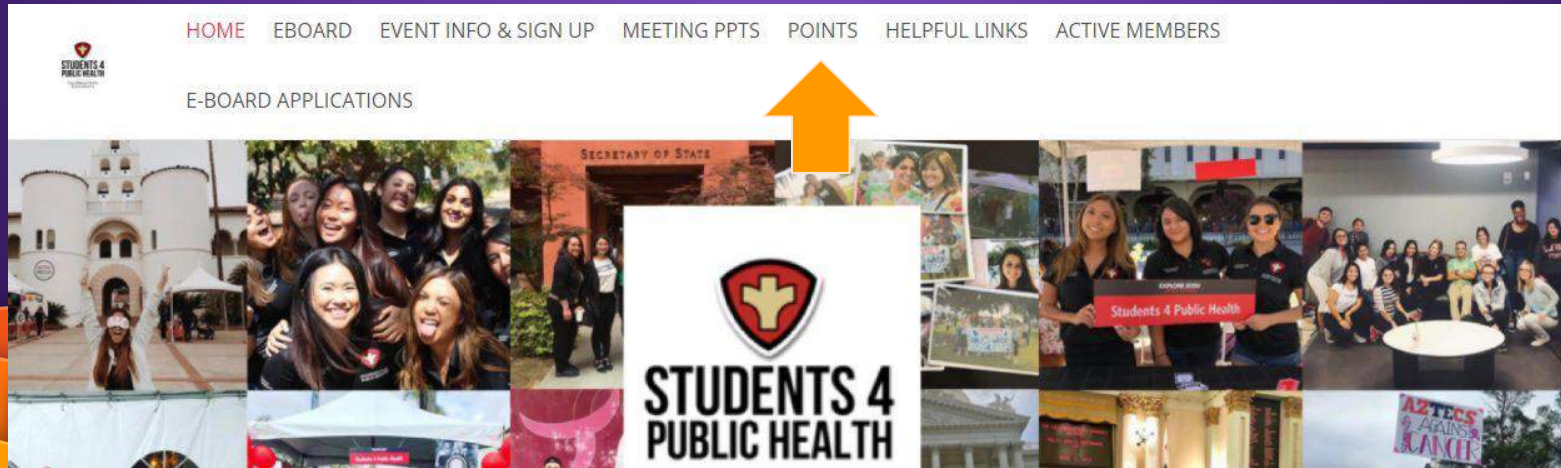
- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure you attend our events, and fundraising! (UP to 5 points for meetings).
- **MUST** pay the membership fees by the deadline. Failure to do so will not have you recognized as an active member for this semester- but your volunteerism is greatly appreciated.
- **AT LEAST TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted [here](#). Only accepting submissions 48 hours after the event.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation (sorry, no exception)
- Visit <http://students4publichealth.weebly.com/> to view overall points
  - Go to “points” from the dropdown menu then click “Fall 2020 Points Spreadsheet”

# Point Submission Tutorial

Step 1: Go to

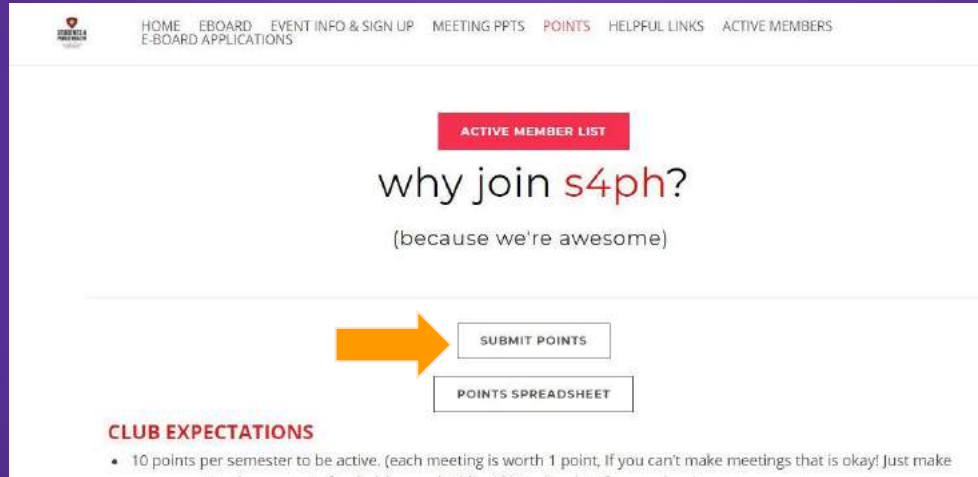
<http://students4publichealth.weebly.com>

Step 2: Click on Points Tab



# Point Submission Tutorial

## Step 3: Click on Submit Points - Fill Out Google Form



HOME EBOARD EVENT INFO & SIGN UP MEETING PPTS POINTS HELPFUL LINKS ACTIVE MEMBERS  
E-BOARD APPLICATIONS

ACTIVE MEMBER LIST

why join s4ph?  
(because we're awesome)

SUBMIT POINTS

POINTS SPREADSHEET

**CLUB EXPECTATIONS**

- 10 points per semester to be active. (each meeting is worth 1 point, If you can't make meetings that is okay! Just make

Remember you must submit your points within 48 hours after the event!



# Fundraising Reminders

- At least **TWO** fundraisers are required to be considered an active member
- Mention students 4 public health at **every** fundraiser
- Save your receipt in order to get a point & **SUBMIT IT TO THE POINT OPPORTUNITY LINK.**
- Point opportunity towards every fundraiser you attend :)

# Fundraising Bingo Cards



*Making Strides*  
*against breast cancer*

Venmo:

\$1	\$1	\$3
\$2	\$2	\$2
\$2	\$1	\$1

In honor of Breast Cancer Awareness Month, all proceeds donated to this charity will go towards research, education, prevention and supporting breast cancer patients

 STUDENTS 4 PUBLIC HEALTH



*UCSD Medical Center*  
*Emergency Respond Fund*

Venmo:

\$1	\$1	\$3
\$2	\$2	\$2
\$2	\$1	\$1

Donations to the UCSD Medical Center will go towards Covid-19 Research, assist impacted members of the SD community, and can sponsor meals/groceries for our healthcare workers.

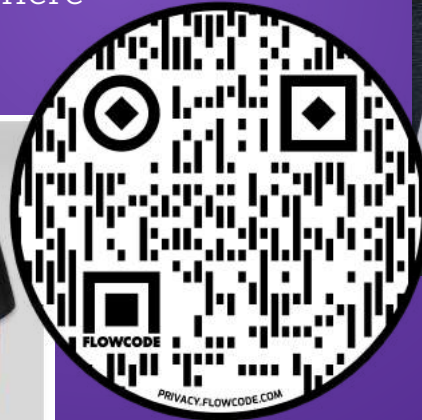
 STUDENTS 4 PUBLIC HEALTH

- 2 charities to choose from
  - Making Strides Against Breast Cancer
  - UCSD Medical Center
- Post on your Instagram stories to raise money for the charity of your choice
- \$15 total for each card
- Put your own venmo when you post and when the card is complete be sure to send it to our venmo
- Venmo: S4PHTREASURER
- **1 Fundraising Point**



# ★ Fundraising Merch

- ✗ Selling t-shirts, crewnecks, and stickers
- ✗ \$13.00 for T-shirts
- ✗ \$19.00 for Crewnecks
- ✗ \$0.50 per sticker
- ✗ Buy both a T-shirt and a Crewneck, and get a FREE STICKER
- ✗ Shipping to those out of SD and will have a Pick-up location for those of us that live here
- ✗ Order form:  
<https://forms.gle/ezrqR2X4QyNJWPc18>





# Free Seminar:

"Does Race Matter for Police Use of Force? Evidence from 911 Calls"

- When: Thursday, 10/29/2020
- Where: Zoom: Link <https://sdsu.zoom.us/j/4281744319>
- Time: 3:30 - 4:45 PM
- **1 point**



# SHAC!

- Join **Student Health Advisory Committee (shac)**!
- Opportunity to have your voice heard and provide advice on student health matters on campus
- Gain valuable public health experience working with administrators and leaders at Calpulli
- Attend the next meeting 11/3 to gain **1 point!**
- **Link:** <http://bit.ly/sdsuSHACf20>
- **2 points max.**



**JOIN SHAC**  
STUDENT HEALTH ADVISORY COMMITTEE

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

### Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

### MEETINGS

Dates:	Time:
9/08	1:00 pm to 2:00 pm
9/22	
10/06	
10/20	
11/3	
11/17	
12/1	

**Location:**  
Zoom Meeting Room  
[bit.ly/sdsuSHACf20](http://bit.ly/sdsuSHACf20)

CONTACT CALPULLI.SHAC@SDSU.EDU FOR MORE INFORMATION.

ATTEND A FINANCIAL EDUCATION SESSION!

LEARN HOW TO  
SAVE MONEY FOR  
WHAT YOU WANT  
AND NEED.



TOPICS COVERED:

Budgeting and saving money  
Building credit  
Buying a first car  
Renting an apartment  
Basic banking skills  
Student loans

Sign up for a session  
at <https://www.sdsu.edu/peers/ed>



Sessions are for educational purposes only. Peers are not allowed to provide financial advice



## *Financial Education Session!*

- Well-being and Health Promotion Department
- Attend a session!
- Learn about student loans, building credit, budgeting, and much more!
- **1 point**



# Halloween Event Tomorrow @6!

- Same Zoom link as our regular meetings
- Pumpkin decorating or carving!
- Trivia game
- Attend & chance to win a \$25 giftcard!

*Zoom link will be the same as our GBM meetings!*

**1 point!**



*Join us for a fun and spooky night!*

## **Halloween Night w/ S4PH**

October 29, 2020 • 6 pm  
BYOP - Bring Your Own Pumpkin  
Pumpkin Decorating/Carving • Halloween Trivia

ATTEND FOR A CHANCE TO WIN A \$25 GIFTCARD

# Public Health Careers Webinar

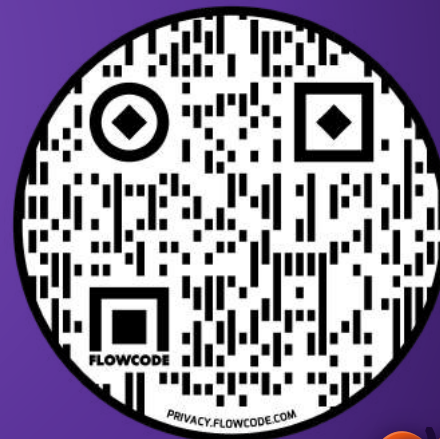
October 28th (TODAY) @ 6pm

**LINK to register:** <https://bit.ly/34AGaEh>



MIMENTOR PRESENTS  
Together We Mentor:  
Different Careers in Public  
Health

ARE YOU INTERESTED IN A PUBLIC HEALTH CAREER?  
OBTAINING A MASTERS IN PUBLIC HEALTH?



# sdsu Undocuweek October 26 - Nov 2

- Register to obtain link: <https://tinyurl.com/SDSU2020UndocuWeek>
- Contact: Cynthia Torres at [ctorres@sdsu.edu](mailto:ctorres@sdsu.edu) with any questions
- **1 point per event!**



3/5

**sdsu undocuweek**  
October 26-Nov 2

Join us for a week of learning, empowerment, and building community!

Undocumented resource center in collaboration with:  
Education Without Borders •  
The PRIOR Center •  
Latinx Resource Center •  
Jewish Family Service •

**Oct 29th**

Recursos para la Comunidad  
2:30 pm - 3:30 pm  
Presenters:  
Wes Palau and Rick Pinon Delgado

Hear stories of intersectionality and inclusivity and learn their importance!

4/5

**sdsu undocuweek**  
October 26-Nov 2

Join us for a week of learning, empowerment, and building community!

Undocumented resource center in collaboration with:  
Education Without Borders •  
The PRIOR Center •  
Latinx Resource Center •  
Jewish Family Service •

**Oct 30th**

Living Undocumented  
5:00 pm - 6:30 pm  
Presenters: SDSU EWB

**sdsu undocuweek**  
October 26-Nov 2

Join us for a week of learning, empowerment, and building community!


Undocumented resource center in collaboration with:  
Education Without Borders •  
The PRIOR Center •  
Latinx Resource Center •  
Jewish Family Service •

**Nov 2nd**

Border Angeles & Recognizing Lives Lost in the Journey to Reach the American Dream  
12:00 pm - 1:00 pm  
Presenter: Dulce Garcia, Director of Border Angeles


# Dialogue with the Dean

- November 2, 11 AM - 12 PM  
(Monday)
- November 10, 2 PM - 3 PM  
(Tuesday)
- **1 point!**



Join us for a

## DIALOGUE WITH THE DEAN



All students in the College of Health and Human Services (CHHS) are invited to take part in a friendly conversation with Dean Steven Hooker. This is your opportunity to get to know the Dean of the CHHS and learn about what he does, ask questions about the current state of the college, and provide feedback on how we can best support students during this challenging time.

Join us by registering for one of the upcoming sessions below:

*Monday, November 2, 11 AM-noon*  
*Tuesday, November 10, 2-3PM*

To register, click [here](#). Zoom links will be emailed prior to each event.

# Free Virtual Cooking Class

- Hosted by Well-being and Health Promotion Department
- When: November 5th, 2020 (Thursday)
- Time: 4:00 - 5:00 PM
- WHAT: We'll be making EASY MICROWAVE APPLE CRISP IN A MUG
- Participants will be entered to win a \$50 Trader Joe's gift card
- Registration Link: [bit.ly/cook-nov5](https://bit.ly/cook-nov5)
- 1 point!





# Lunchtime Lecture Series

- When: December 11, 2020
- Who: Erik Storholm, PhD
- Time: 12:00 -12:45 PM
- **Registration:** contact for the zoom link [@eallenesdsu.edu](mailto:eallenesdsu.edu)
- 1 point *per* lunchtime lecture

**IBA/CH** Institute for Behavioral and Community Health

**SAN DIEGO STATE UNIVERSITY**

**LUNCHTIME LECTURE SERIES**

Meet the  
New School of Public Health Faculty

Friday, December 11, 2020 at 12-12:45pm

**Erik Storholm, PhD**  
Assistant Professor  
Division of Health Promotion and Behavioral Science

Addressing HIV Disparities through Community-Engaged Research

Zoom link:  
For access to the Zoom link please contact [eallenesdsu.edu](mailto:eallenesdsu.edu)

A vibrant Halloween-themed illustration. The background is a deep purple night sky with a large, bright white full moon. Several yellow stars are scattered across the sky. A witch in a black silhouette is flying on a broomstick in front of the moon. Three black bats with yellow eyes are flying in the sky. In the foreground, there are rolling hills of orange and yellow. On the left, a white ghost with a sad face stands on a hill. On the right, a black cat with yellow eyes stands on a hill. Several jack-o'-lanterns with carved faces are placed on the hills.

Picture Time!!  
If everyone could please turn on  
their camera :)

# Member Spotlight

- We want to highlight the accomplishments, internships, work experiences of our members on our instagram!
- 
- Link: <https://forms.gle/pYELeqa3GeMF19yVA>



A Halloween-themed illustration with a dark purple background. At the top, there are stylized purple clouds and several yellow stars. A large, bright white full moon is in the center. A black silhouette of a witch with a pointed hat is flying on a broomstick across the moon. To the left and right of the witch are several black bats with yellow eyes. In the bottom left corner, a white ghost with a surprised expression is on a small orange hill. In the bottom right corner, a black silhouette of a cat with yellow eyes is on a small orange hill. The bottom of the image features a row of orange and yellow hills, with several jack-o'-lanterns (pumpkins with carved faces) scattered across them.

Reminder to VOTE!  
@sdsurockthevote

# Point Opportunities!

Event	Point
Fundraising Bingo Card	1 point per card
Halloween Night w/S4PH	1 point
SHAC	1 per meeting: Up to 2 points
Free Seminar	1 point
Dialogue with the Dean	1 point
Financial Education Session	1 point
SDSU Undocuweek	1 point per event: Up to 3 points
Free Virtual Cooking Class	1 point
Lunchtime Lecture Series	1 point

Sign in Link:

<https://forms.gle/1XH3x1yHepvfC8rF6>



# HAPPY HALLOWEEN!

Any questions?

You can always email us

[@students4publichealth@gmail.com](mailto:students4publichealth@gmail.com) or DM us on ig! :)

