



SAPH: Meeting 3

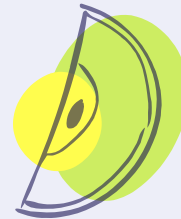
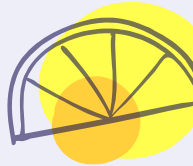
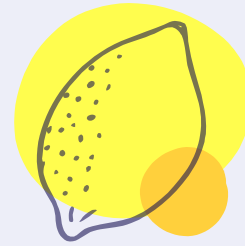
Sign in Using this link:

<https://forms.gle/UpG86DUoFNhpery7>

Guest Speaker: Yasmine Ghazvini



Pursuing a Degree
and Career in Health
Administration



Point System

- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure you attend our events, and fundraising! (UP to 5 points for meetings).
- **MUST** pay the membership fees by the deadline. Failure to do so will not have you recognized as an active member for this semester- but your volunteerism is greatly appreciated.
- **AT LEAST TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted [here](#). Only accepting submissions 48 hours after the event.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation (sorry, no exception)
- Visit <http://students4publichealth.weebly.com/> to view overall points
 - Go to “points” from the dropdown menu then click “Fall 2020 Points Spreadsheet”



Membership Dues

How much?

- × NEW MEMBERS: \$15
- × RETURNING MEMBERS: \$10

PAYMENT METHODS:

- × VENMO-
@S4PHTREASURER

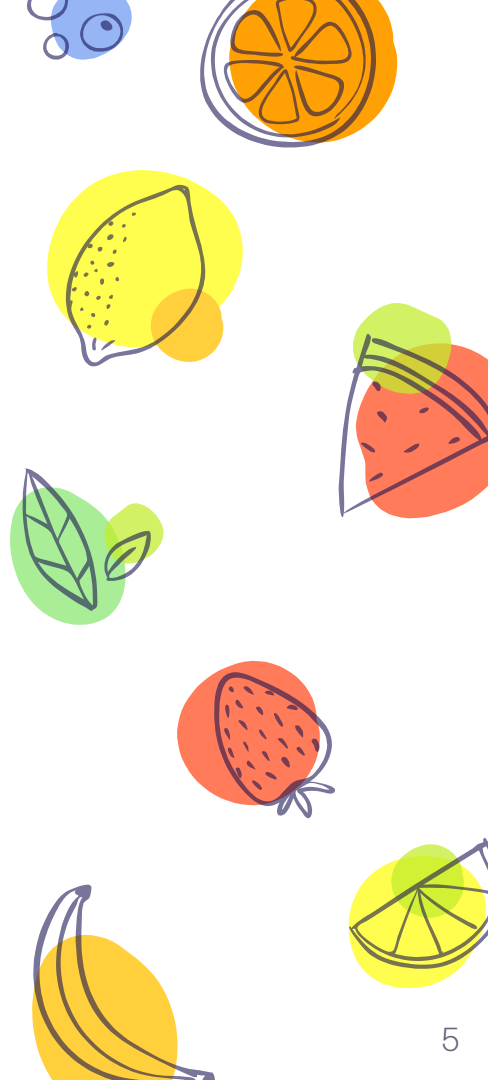
DUE TODAY

September 30th at
11:59 PM to be an
active member for
Fall 2020!



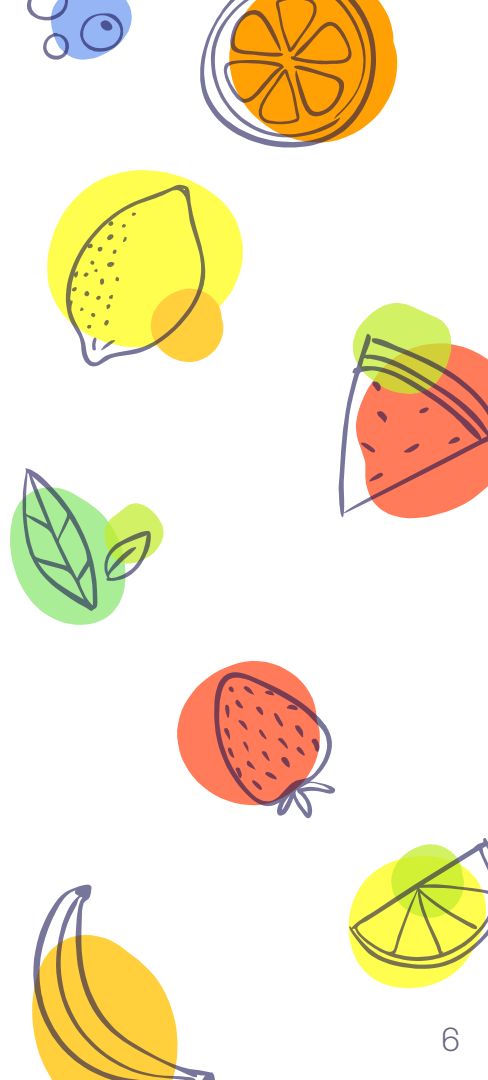
Fundraising

- ✗ At least TWO fundraisers are required to be considered an active member
- ✗ Mention Students 4 Public Health at every fundraiser
- ✗ Save your receipt in order to get a point
- ✗ SUBMIT TO THE POINT OPPORTUNITY LINK
 - Can be found on our website
- ✗ Point opportunity towards every fundraiser you attend
- ✗ More fundraisers to be introduced next meeting!



Go Fund me for ICU Nurses

- ✗ All funds go for donating lunch/dinner to ICU nurses at Kaiser Permanente
- ✗ Any donation amount is greatly appreciated
 - **Raised \$123 so far!!**
- ✗ Deadline to get points is October 14
 - next meeting
- ✗ Remember to submit a form in the Point Opportunity Link to receive the point!
- ✗ [Link: gf.me/u/xzifkv](https://gf.me/u/xzifkv)



Aztecs Rock Hunger

- ✗ Making a donation counts as a point opportunity!
- ✗ Venmo: @aztecsrockhunger2020
- ✗ Make sure to write CHHS and S4PH
On the venmo comment
- ✗ Screenshot Venmo and submit to
CHHS google doc. (coming later)
- ✗ Virtual 5K coming soon (Oct. 10-18)



SEPTEMBER 28 - OCTOBER 18

 AZTECS
ROCK
HUNGER
SAN DIEGO STATE UNIVERSITY

Now More Than Ever
DONATE NOW to help raise 650,000 lbs. of food
sdsu.edu/aztecsrockhunger

 ASSOCIATED
STUDENTS
SAN DIEGO STATE UNIVERSITY



Aztecs Rock Hunger



MAKE A CONTRIBUTION

1. Venmo: AztecsRockHunger2020

2. Donate online at sdsu.edu/aztecsrockhunger

3. All campus Starbucks, eateries, and markets

4. Aztec Proud Events (@sdsuaztecproud)

5. Join the Virtual 5K October 10 - 18



SHAC

- Join **Student Health Advisory Committee (shac)**!
- Opportunity to have your voice heard and provide advice on student health matters on campus
- Gain valuable public health experience working with administrators and leaders at Calpulli
- Only 4 meetings required to be considered an active member
- Attend the next meeting 10/6 to gain **1 point!**
- **2 points maximum**



JOIN SHAC
STUDENT HEALTH ADVISORY COMMITTEE

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

MEETINGS

Dates:	Time:
9/08	1:00 pm to 2:00 pm
9/22	
10/06	
10/20	
11/3	
11/17	
12/1	

Location:
Zoom Meeting Room
bit.ly/sdsuSHACf2o

CONTACT CALPULLI.SHAC@SDSU.EDU
FOR MORE INFORMATION

Virtual Coffee

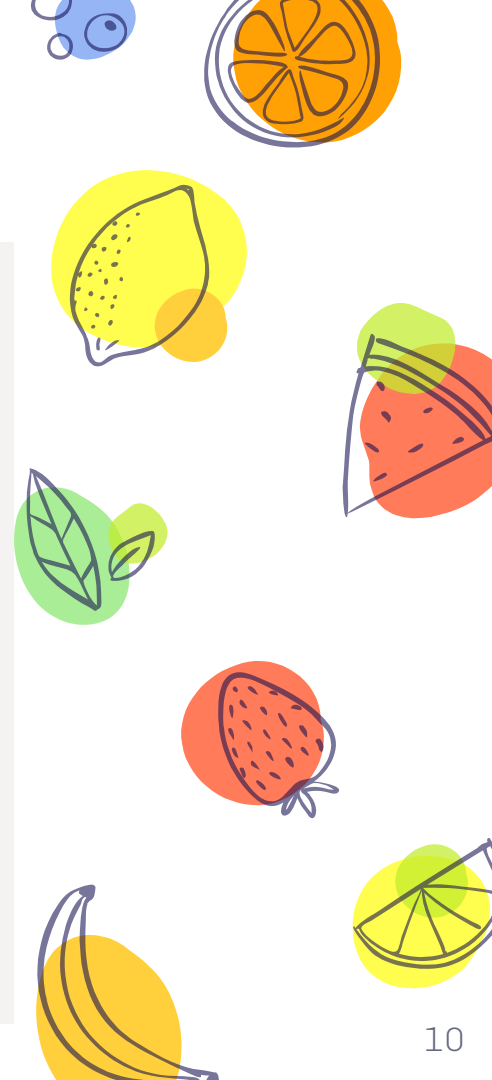
- Point Opportunity
- 1 Point Maximum

HAVE ADVISING QUESTIONS?
JOIN US EVERY TUESDAY @ 10AM-11AM

Virtual Coffee

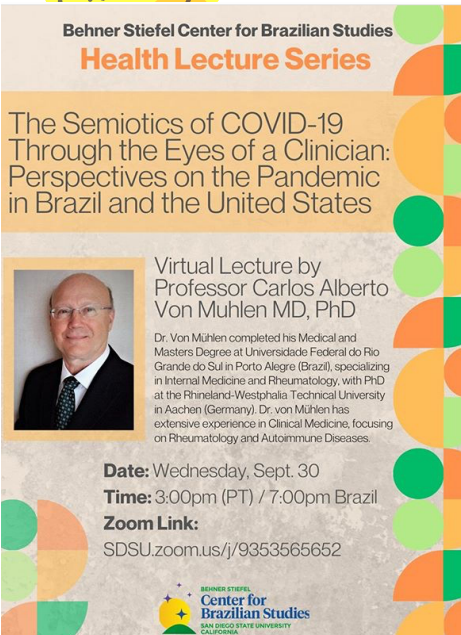


ZOOM ID: [HTTPS://SDSU.ZOOM.US/j/538157007](https://SDSU.ZOOM.US/j/538157007)




Center for Brazilian Studies-Health Lecture Series #1

- ▶ When: Sept. 30th, 2020
 - ▶ Time: 3:00 PM
 - ▶ Zoom:
<https://sdsu.zoom.us/j/93053565652>
- ▶ Dr. Von Muhlen will discuss the COVID -19 pandemic (social distancing, treatments, vaccines, clinical presentations) in both the US and Brazil.



Behner Stiefel Center for Brazilian Studies
Health Lecture Series


The Semiotics of COVID-19
Through the Eyes of a Clinician:
Perspectives on the Pandemic
in Brazil and the United States



Virtual Lecture by
Professor Carlos Alberto
Von Muhlen MD, PhD

Dr. Von Muhlen completed his Medical and Masters Degrees at Universidade Federal do Rio Grande do Sul in Porto Alegre (Brazil), specializing in Internal Medicine and Rheumatology, with PhD at the Rhineland-Westphalia Technical University in Aachen (Germany). Dr. von Muhlen has extensive experience in Clinical Medicine, focusing on Rheumatology and Autoimmune Diseases.

Date: Wednesday, Sept. 30
Time: 3:00pm (PT) / 7:00pm Brazil
Zoom Link:
SDSU.zoom.us/j/9353565652



BEHNER STIEFEL
Center for
Brazilian Studies
SAN DIEGO STATE UNIVERSITY
CALIFORNIA

Lunchtime Lecture Series

Join IBACH's Lunchtime lecture series

- ▶ October 9, 2020: Lauren Brown, PhD, MPH
12:00 - 12:45 PM
- ▶ December 11, 2020: Erik Storholm, PhD
12:00 -12:45 PM
- ▶ 1 point per lunchtime lecture
- ▶ Up to 2 points!



Institute for Behavioral and Community Health



SAN DIEGO STATE UNIVERSITY

LUNCHTIME LECTURE SERIES 

Meet the
New School of Public Health Faculty

	Friday, October 9, 2020 at 12-12:45pm Lauren Brown, PhD, MPH Assistant Professor Division of Health Management and Policy	Does Telomere Length Explain Race/Ethnic Differences in Rates of Aging? Zoom link: https://SDSU.zoom.us/j/92028650776
	Friday, December 11, 2020 at 12-12:45pm Erik Storholm, PhD Assistant Professor Division of Health Promotion and Behavioral Science	Addressing HIV Disparities through Community-Engaged Research Zoom link: https://SDSU.zoom.us/j/92028650776
	Friday, February 12, 2021 at 12-12:45pm Emily Schmied, MPH, PhD Assistant Professor Division of Health Promotion and Behavioral Science	Stress, Stigma, and Sleep: Health Promotion Interventions to Maximize Mental Health in At-Risk Populations Zoom link: https://SDSU.zoom.us/j/92028650776



Resources: A.S. Food Pantry



Pantry Location and Times:

Wednesdays:

2nd Floor in Aztec Student Union
10:00 a.m. - 2:00 p.m.






Thursdays:

2nd Floor in Aztec Student Union
2:00 p.m. - 6:00 p.m.

Fridays:

Drive Up Loading Dock
behind the Aztec
Student Union
8:00 a.m. - 12:00 p.m.
(by RSVP only)



The background of the slide is a vibrant orange color. It is decorated with various white line-art illustrations of fruits and vegetables, including a whole lemon, a slice of watermelon, a pear, a strawberry, a banana, a cherry, a slice of orange, a kiwi, a slice of lime, and several individual leaves and berries scattered throughout.

Calling Creative/Artistic Members

- ❖ Designing new t-shirts and crew neck sweaters
- ❖ Send us your designs (front and back) and it may be chosen!
- ❖ Requirement: must say “students for public health”
- ❖ Due by Oct. 7th - send design to our email: students4publichealth@gmail.com



Member Spotlight

- ❖ We want to highlight the accomplishments, internships, work experiences of our members on our instagram!
- ❖ If you are interested, we will send you a google form to your email which you can fill out and then be featured on our insta!



Game Hour with Olivia!

When: Tuesday October 6th at 11am

Take an hour off to play a game with your
peers and relax!

1 point max

Zoom Link will be sent the day before!

Possible Points

Event	Number of Points
General Body Meetings	5 Max
SHAC	2 Max
Virtual Coffee	1
GO Fund Me Meals for Nurses	1
Lunchtime Lecture Series	2 Max
Brazilian Studies Health Lecture	1
Aztecs Rock Hunger	1 Max
Game Hour with Olivia	1 Max

The slide is decorated with various colorful illustrations of fruits and vegetables. At the top, there is a blue cluster of grapes, an orange slice, a green avocado, and a slice of watermelon. On the left side, there is a yellow lemon, a green leaf, and a strawberry. At the bottom, there is a banana, a green leaf, a green lime slice, and an orange. On the right side, there is a green lime, a yellow lemon slice, a small green leaf, a cherry, and another orange slice.

Thanks!

Any questions?

You can find us at:

IG: [students4publichealth](#)

Email: students4publichealth@gmail.com