



GBM 6

4/7/21

If you celebrated this past Sunday
we hope you had a fun and eventful Easter!

Dr. Storholm

Division of Health Promotion and Behavioral Science | Assistant Professor



Point System

- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure to attend our events, fundraising, and etc! (Up to 5 points for meetings)
- **MUST** pay the membership fees by the deadline. Failure to do so will not have you recognized as an active member for this semester~ but your volunteerism is greatly appreciated.
- At least **TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted on our website. Only accepting submissions 48 hours after the event.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation. (sorry, **no** exceptions!)
- Visit our website, students4publichealth.weebly.com/ to view overall points.
- Go to "points" from the dropdown menu then click "Spring 2020 Points Spreadsheet"

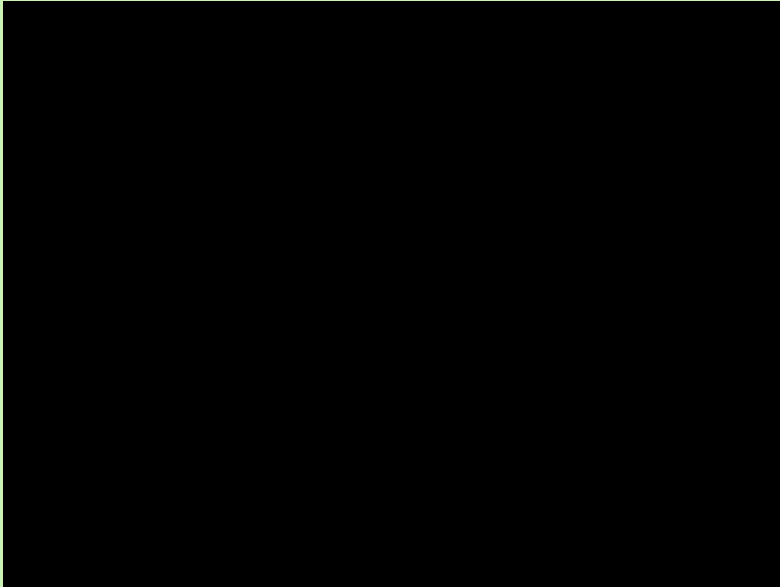


Fundraising Reminders

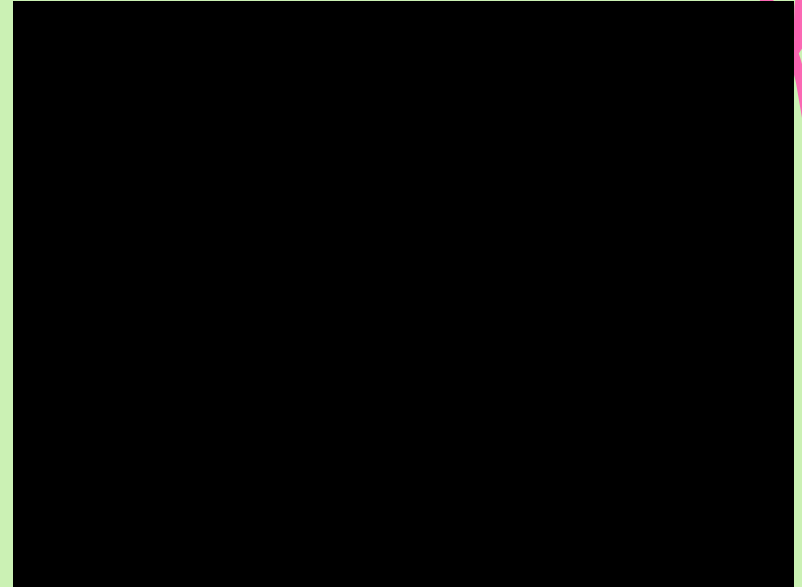
- At least **TWO** fundraisers are required to be considered an active member.
- Mention Students 4 Public Health at **EVERY** fundraiser
- Save your receipt in order to get a point and **SUBMIT IT TO THE POINT OPPORTUNITY LINK**
 - This can be found on our Website / quick direct link on Linktree (in bio of IG page)
- Point opportunity towards every fundraiser you attend :)
- More fundraisers to come!



DARE Menu



**Hey Heather! Hope this makes
you smile (: -Sandhya**



**Hi Leslie! I really tried but I'm
weak. -Sandhya**

DARE Menu



Lorenzo: Wonder Woman
Emily and Laurel: Baby Picture



Maggie :)
Melissa: Baby Picture

DARE Menu



Hi C'Tara!

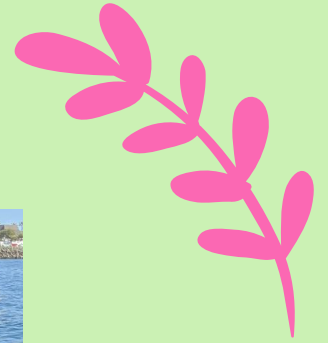


I accidentally saved the video with a SC filter but 2 eggs to the head for Melanie & Nicole!

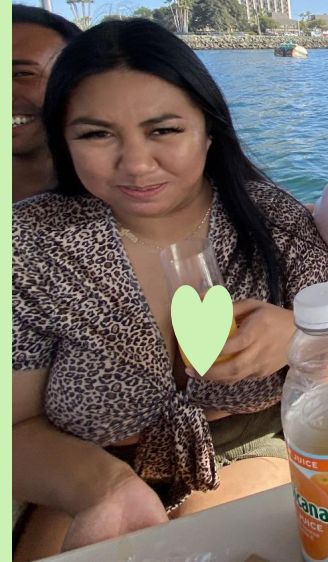


For Julia! :)

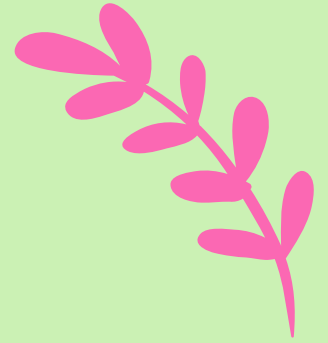
DARE Menu



For Paige! :)



Here's also my embarrassing photo for Eugelaine :-) hehe 🤦‍♀️



Dare Menu



My embarrassing photo for Tyler!



My embarrassing photo for Josephine! :)

Combating Racism in PH

- Second Speaker for our speaker series!
- “The Role of Implicit Cognition and Stress in Health Disparities”
- **DATE:** Friday, April 9th!!!!
- **WHEN:** 11am-12:30 pm
- **WHERE:** Register for zoom link
- **Point Opportunity!**



PRESENTED BY STUDENTS 4 PUBLIC HEALTH

This event is sponsored by the 2020-2021 San Diego State University Students Success Fee

Combating Racism in Public Health



Dr. Jason Emory, Lecturer at UC Merced
The Role of Implicit Cognition and Stress in Health Disparities

Event Details

Dr. Jason Emory is a full-time lecturer in Psychological Sciences at University of California, Merced. His research and teaching interests focus upon the impact of implicit, unconscious cognition upon social perception and health related issues. This talk will focus upon implicit automatic brain/nervous-system processes and their role in social biases such as ingroup preference and outgroup prejudice. By understanding the basic process of how stereotypes are represented in the brain, we can better understand how these stereotypes are developed in the first place. These biases can lead not only obviously prejudiced ideas, but also to subtle unconscious biases of which an individual might not be aware. The talk will conclude with a discussion of how these unconscious biases (i.e. stereotypes) can help to explain racial health disparities in the United States.



APRIL 9TH, 2021



11:00 - 12:30 AM PM



ZOOM REGISTRATION LINK:
<https://bit.ly/3rsBWHx>



Combating Racism in PH

- Third Speaker for our speaker series!
- “Think Globally, Act Locally”
- **DATE:** Friday, April 16th
- **WHEN:** 12 pm-1:30 pm
- **WHERE:** Register for zoom link
- **Point Opportunity!**



Combating Racism in Public Health



*Preston Tang, HIV Prevention Coordinator
& Data Analyst*

Think Globally, Act Locally

Event Details

Preston Tang is an HIV Prevention Coordinator and HIV Surveillance Data Analyst for the Division of Public and Behavioral Health in the state of Nevada. He has experience as a health educator, youth ambassador, a program health specialist, and is an avid supporter of the non-profit organizations Pink Dot SG and Southern Nevada API Queer Society. In his presentation, there will be the discussion of the intersectionality between HIV and racism in minority groups as he provides an overview of his career.

This event is sponsored by the 2020-2021
San Diego State University Students Success Fee



**APRIL
16TH, 2021**



**12:00 - 1:30
PM PM**



ZOOM
REGISTRATION LINK:
<https://bit.ly/39Nh3QN>




Point Opportunity

Leading the Response in Washington State

- **DATE:** April 13th
- **WHEN:** 6pm
- **WHERE:** Zoom!
- **1 point**

Sharp Hospital and COVID-19 in San Diego

- **DATE:** April 20th
- **WHEN:** 5pm
- **WHERE:** Zoom!
- **1 Point**



SPRING SPEAKER SERIES
PRESENTED BY THE SCHOOL OF PUBLIC HEALTH AT
SAN DIEGO STATE UNIVERSITY

Join us in March and April for three presentations given by public health professionals. Speakers will discuss their role in COVID-19 research and the response to the pandemic.

COVID-19 and Cannabis Use
Dr. Nehama Lewis, Senior Lecturer,
University of Haifa
March 24, 2021
7:00 pm
Zoom:
<https://SDSU.zoom.us/j/87631861777>

Leading the Response in Washington State
Dr. Scott Lindquist, State Epidemiologist for
Communicable Diseases
April 13, 2021
6:00 pm
Zoom:
<https://SDSU.zoom.us/j/87581779277>

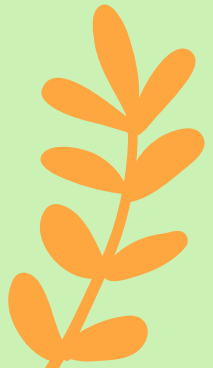
Sharp Hospital and COVID-19 in San Diego
Chris Howard, President & CEO of Sharp
HealthCare
April 20, 2021
5:00 pm
Zoom:
<https://SDSU.zoom.us/j/85337407807>

Point Opportunity



40th Anniversary Virtual Celebration!

- **DATE:** April 5-11th
- **WHERE:** Zoom! (<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**



Point Opportunity

- **DATE:** Friday, April 9th
- **WHEN:** 1:00- 2:00 PM
- **WHERE:** Register for Zoom Link (<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point**



SAN DIEGO STATE
UNIVERSITY
School of Public Health

SDSU School of Public Health 40th Anniversary

Join us in awarding Dr. Wilma Wooten with the Alumni Achievement Award from the School of Public Health in recognition of her exemplary leadership in the challenging time.

Recognizing Dr. Wilma Wooten

Friday,
April 9, 2021

1 to 2 PM PST

Please register for the event [here](https://publichealth.sdsu.edu/40th-anniversary/).

Point Opportunity

- **DATE:** Wednesday, April 7th
- **WHEN:** 2pm
- **WHERE:** register for the zoom link
- **link**
(<http://tinyurl.com/cancerawarenessconference>)
- **1 point!**

CANCER AWARENESS CONFERENCE

WEDNESDAY, APRIL 7TH @2PM, 2021



CEO OF THE
PINK PEPPERMINT PROJECT



ACUTE CARE PHYSICAL
THERAPIST



EXECUTIVE DIRECTOR
OF BREAST CANCER
ANGELS



INTERIM CEO OF THE AMERICAN
INDIAN CANCER FOUNDATION



LICENSED CLINICAL
SOCIAL WORKER

KEYNOTE SPEAKER
MAYA FELLER MS, RD, CDN



REGISTER HERE:
[TINYURL.COM/CANCERAWARENESSCONFERENCE](http://tinyurl.com/cancerawarenessconference)

Point Opportunity

- **DATE:** Thursday, April 8th
- **WHEN:** 3:00 - 4:30 PM
- **WHERE:** Zoom!
(<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point**



RESEARCH PANEL:

INNOVATIONS IN CANCER DISPARITIES RESEARCH

PANEL, Q&A
3:00-4:00 PM
RESEARCH AREAS
INCLUDE:

BIOMEDICAL/
LABORATORY
SOCIAL-BEHAVIORAL
TRANSLATIONAL
MEDICINE
PUBLIC HEALTH

**NETWORKING
SESSION:**
4:00-4:30 PM



**APRIL
8TH
3:00-4:30
PM**

ZOOM

Please register here
<https://bit.ly/38xshlj>

or email kgarcia6@sdsu.edu to RSVP



Point Opportunity

- **DATE:** Tuesday, April 13
- **WHEN:** 11 AM - 2 PM
- **WHERE:** Zoom!
(LIVEWELL.SDSU.EDU)
- **1 point**

Grow.
Thrive.
Flourish.

Chance to win
a \$50 Amazon
Gift Card!

The *virtual*
HEALTH *expo*


A Well-being & Health Promotion and Live Well Aztecs Event

TUESDAY, APRIL 13TH, 2021
11:00 AM - 2:00 PM
ON ZOOM VIA LIVEWELL.SDSU.EDU

Incentives,
activities &
information!

Local & on-
campus health
and well-being
resources!

Networking
& career
opportunities!

 [Live Well Aztecs]
LEADING THE WAY TO WELL-LIVING

 SAN DIEGO STATE
UNIVERSITY
Well-being & Health Promotion

Point Opportunity

- **DATE:** April 23, 2021 (Friday)
- **WHEN:** 11:30 AM - 12 PM
- **WHERE:** Zoom! (ID on flyer)
- **1 point**

Counseling & Psychological Services SINGLE SERVINGS:

Coping with COVID... and Other Stress



Stress Management

Tuesday, February 16
9-9:30am PT



We Have a Vaccine -- Now What?

Thursday, March 11
1-1:30pm PT



Difficult But Necessary Conversations

Friday, April 23
11:30am-12pm PT

Use your **SDSUid** to log-in and
CLICK HERE TO JOIN US!

Zoom Meeting ID: 837 5973 6713



[Live Well Aztecs]



sdsucounseling



sdsu.edu/cps

Point Opportunity

- JOIN Students Health Advisory Committee (SHAC)!
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting to gain **1 point** toward S4PH (4/13 @ 3:30 PM)



The banner at the top features the SDSU logo and the text "JOIN SHAC STUDENT HEALTH ADVISORY COMMITTEE". Below the banner is a group photo of SHAC members wearing black t-shirts with the SHAC logo.

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

MEETINGS

Dates:	Time:
2/2	3:30 pm to 4:30 pm 
2/16	
3/2	
3/16	
4/13	
4/27	Location: Zoom Meeting Room bit.ly/SHACs2021
5/4	

CONTACT CALPULLI.SHAC@SDSU.EDU FOR MORE INFORMATION

Point Opportunity

- **DATE:** Every Tuesday
- **WHEN:** 10 - 11 AM
- **WHERE:** Zoom! (ID on flyer)
- **1 point!**

HAVE ADVISING QUESTIONS?
JOIN US EVERY TUESDAY @ 10AM-11AM

Virtual Coffee



ZOOM ID: [HTTPS://SDSU.ZOOM.US/j/538157007](https://SDSU.ZOOM.US/j/538157007)

Point Opportunity: SNO Virtual Fundraiser

- **WHEN:** April 17th, 2021
- **TIME:** 5:00 PM
- **COST:** \$25
- Josephson & Spindler 7th Annual Kids Eat Right and Kitchen's For Good Virtual Fundraising Gala and Silent Auction
- **Guest speakers:**
 - Carl Barnes MS RD
 - Brenda O'day MS RD,
- **One cooking demonstration** from one of Kitchen's for Good's production chef
 - Ryan Rizzuto
- **Register Tickets:**
<https://www.crowdcast.io/e/josephson-spindler-7th/register>



● JOSEPHSON SPINDLER 7TH ANNUAL ●

KIDS EAT RIGHT

VIRTUAL FUNDRAISING GALA & SILENT AUCTION

Guest Speakers:
Brenda O'Day and Carl Barnes

&

Cooking Demo:
by Ryan Rizzuto (Chef at Kitchen's for Good)



Date: April 17th, 2021
Time: 5:00 pm
Ticket price: \$25
Dress Code: Wear that outfit you never got to wear because of COVID

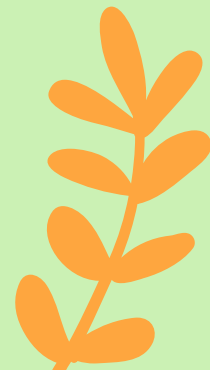
Point Opportunity: Anonymous Compliments

- CHHS Council- Help us honor the hard work of the CHHS professors, staff, and students, by sending them a compliment!
- <https://forms.gle/PLQRUuzq6S343wG56>
- **1 point**



Graduation Cords

- **Last call** to fill out the graduation forms!
- Form closes **TONIGHT @ MIDNIGHT!**
- **REMEMBER:** Must have been active last semester plus one other semester to qualify.
- **FORM: Graduation Cords Form**



Executive Board Applications

- For those who are interested to apply for E-board for Fall 21-Spring 22: Please fill out this application
 - [E-board Application](#)
- **DUE:** April 21, 2021 @ MIDNIGHT



Executive Board Applications

Applications Released

April 7th, 2021

On our website - google form

Applications Due

April 21st, 2021 at midnight

Interviews

April 26th, 2021 - Whole Day

Time slots will be released when
you sign up

Announcements

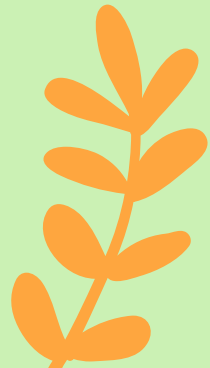
Email: April 30th, 2021

Students 4 Public Health:
May 5th, 2021



#STOP ASIAN HATE

- Anti Asian racism has existed long before the COVID-19 pandemic, however, there's been a dramatic increase since the pandemic started. Within this year, there have been approximately 3,000+ cases which doesn't include the cases that are not reported.
- Systemic racism is a **PUBLIC HEALTH ISSUE**, and the executive board of **Students 4 Public Stands in solidarity** with the asian community as we fight to overcome racism many minorities face in the US.



What can we do?

Report Hate Crimes:

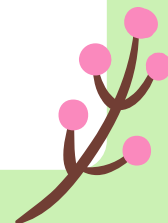
- [Stopaapihate.org](https://stopaapihate.org)
- [Standagainsthate.org](https://standagainsthate.org)

Donate and Support:

- gofundme.com/aapi
- [Stopaapihate.org](https://stopaapihate.org)
- advancingjustice-aajc.org

Mental Health resources for APPI

- Asian Mental Health Collective:
 - [Asianmhc.org](https://asianmhc.org)
- SAMHSA National Hotline
 - **800.662.HELP**
- National Queer Asian Pacific Islander Alliance
 - [Nqapia.org](https://nqapia.org)





Save The Date!

BANQUET!!!

5/5/2021

Normal Meeting Time: 2:00 PM - 3:00 PM

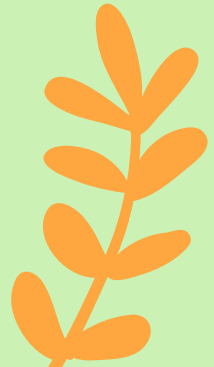
Certificates, prizes, and more!

Point Opportunities



Event	Number of Points
General Body meeting	5
SHAC	1 (max 2 per semester)
Peer health education session	1
Virtual cooking class	1
Dare menu	1
Virtual coffee hour	1
Any event from PH 40th Anniversary	1 per event

Event	Number of Points
Anonymous Compliments	1



Sign in: <https://forms.gle/HH9cB9CoUYviVxfLA>

Thanks!

Do you have any questions?

EMAIL: students4publichealth@gmail.com

IG: [@students4publichealth](https://www.instagram.com/students4publichealth)

WEBSITE: students4publichealth.weebly.com

Linktree: <https://linktr.ee/students4publichealth>

CREDITS: This presentation template was created by **Slidesgo**, including icons by **Flaticon**, and infographics & images by **Freepik**.

