

GBM 5

3/24/21

SIGN IN LINK AT END | HAPPY ONE YR OF VIRTUAL LEARNING!



No guest speaker
today!

RANDOM ICEBREAKER

1. What has been your favorite part of the semester so far?
2. Are you excited on possibly having in person classes for the fall semester? Any comments or concerns?

RANDOM QUESTIONS:

3. What is your absolute dream job?
4. What's the best piece of advice you've ever been given?
5. Something random that you want to do on your bucket list?

Thanks to
those who
registered!

Hope you all
enjoyed it!

Presented by
**STUDENTS 4
PUBLIC HEALTH**
SAN DIEGO STATE
UNIVERSITY

Combating Racism in Public Health 2021



Samantha Gambles, MSN FNP-C
President of San Diego Black Nurses Association

Event Details

Samantha Gambles, MSN is a Board-Certified Family Nurse Practitioner with a career in nursing for over 20 years. She is also the President of San Diego Nurses Association, Inc, where she works diligently to decrease healthcare disparities through advocacy, education and health promotion. She currently works as the Surgical Intensive Care Nurse Practitioner for UC San Diego Health in the Department of Trauma, Burns and Surgical Critical Care and Acute Care Surgery as well as Clinical Faculty at the Hahn School of Nursing for the University of San Diego.



**MAR
23**



**11-12:30
AM PM**



**ZOOM
REGISTRATION LINK:**
<https://bit.ly/3rsBWHx>



Point System

- **10 points** per semester to be active (each meeting is worth 1 point, If you can't make meetings that is okay! Just make sure to attend our events, fundraising, and etc! (Up to 5 points for meetings)
- **MUST** pay the membership fees by the deadline. Failure to do so will not have you recognized as an active member for this semester~ but your volunteerism is greatly appreciated.
- At least **TWO** fundraising events is required per semester.
- All point opportunities **MUST** be submitted on our website. Only accepting submissions 48 hours after the event.
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation. (sorry, no exceptions!)
- Visit our website, students4publichealth.weebly.com/ to view overall points.
 - Go to "points" from the dropdown menu then click "Spring 2020 Points Spreadsheet"

Fundraising Reminders

- At least **TWO** fundraisers are required to be considered an active member.
- Mention Students 4 Public Health at **every** fundraiser
- Save your receipt in order to get a point and SUBMIT IT TO THE POINT OPPORTUNITY LINK.
- Point opportunity towards every fundraiser you attend :)
- More fundraisers to come!

Fundraising Point

- LAST DAY TO SUBMIT DARES (Midnight)
- Fun way to help raise money for our org!
- Venmo @S4PHTreasurer with your "order"
(e.g. "Drinks - Share a baby photo")
- Random name generator will pick which exec member does what!
- **1 fundraising point!**

DARE MENU

drinks \$3.00

Share a baby photo
Dress up as a character of choice
5 push-ups

appetizers \$5.00

Share an embarrassing photo
Crack an egg over your head
Pour a bucket of water over your head

entrees \$10.00

Tik Tok Dance
Take a shot of hot sauce
Choose my Instagram username for 2 weeks

dessert \$15.00

Dare of choice!



DARES

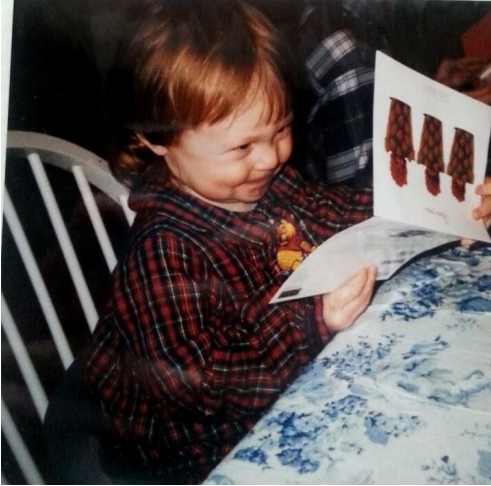


**Thank you for donating Nalani!
-Natalie**

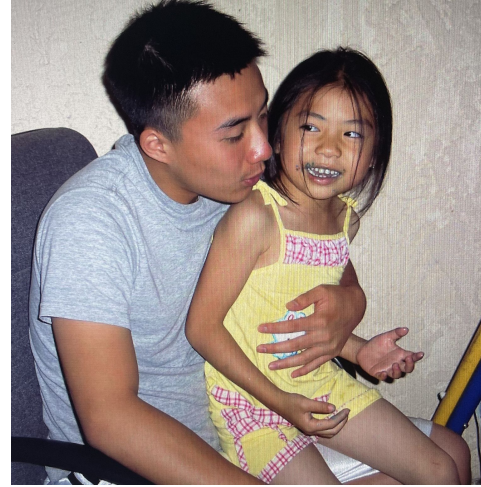


**Here's the baby pic you asked for,
Roberto! -Sandhya**

DARES



Here's an embarrassing baby pic, Atheana! -Maggie <3



**Thanks Kaya for donating!
-Nikki**

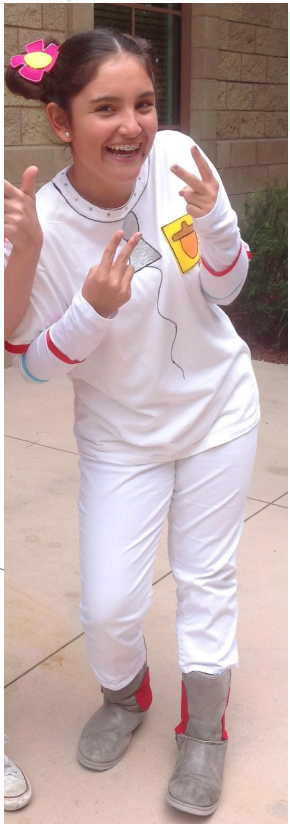
DARES

Jessica, thank you for donating! ~Sofia



Tiffany, here's my pic to share! Lol both with my sister :) -Alyssa

Bryan, here I am dressed in "costume" as Sandy from Spongebob my sophomore year of HS. ~Sofia



Point Opportunity: Virtual Health Expo

EVENT DETAILS

Virtual Health Expo

- **DATE:** April 13, 2021 (Tuesday)
- **WHEN:** 11 AM - 2 PM
- **WHERE:** Zoom! (LIVEWELL.SDSU.EDU)
- **1 point each**

Chance to win a \$50 Amazon Gift Card!

Grow. Thrive. Flourish.

The virtual **HEALTH** expo

A Well-being & Health Promotion and Live Well Aztecs Event

TUESDAY, APRIL 13TH, 2021
11:00 AM - 2:00 PM
ON ZOOM VIA LIVEWELL.SDSU.EDU

Incentives, activities & information!

Local & on-campus health and well-being resources!

Networking & career opportunities!

[Live Well Aztecs]
F A B N I C T U R E T H E W A Y T O W E L L | . S D S U

SAN DIEGO STATE UNIVERSITY
Well-being & Health Promotion

Point Opportunity: Spring Speaker Series

SPRING SPEAKER SERIES

PRESENTED BY THE SCHOOL OF PUBLIC HEALTH AT
SAN DIEGO STATE UNIVERSITY

Join us in March and April for three presentations given by public health professionals. Speakers will discuss their role in COVID-19 research and the response to the pandemic.



COVID-19 and Cannabis Use

Dr. Nehama Lewis, Senior Lecturer,
University of Haifa
March 24, 2021

7:00 pm
Zoom:

<https://SDSU.zoom.us/j/87631861777>



Leading the Response in Washington State

Dr. Scott Lindquist, State Epidemiologist for
Communicable Diseases
April 13, 2021

6:00 pm
Zoom:

<https://SDSU.zoom.us/j/87581779277>



Sharp Hospital and COVID-19 in San Diego

Chris Howard, President & CEO of Sharp
HealthCare
April 20, 2021

5:00 pm
Zoom:

<https://SDSU.zoom.us/j/85337407807>

EVENT DETAILS

SPH Spring Speaker Series

- **DATES & TIMES:**
 - COVID-19 and Cannabis Use w/ Dr. Nehama Lewis (**TODAY** @ 7PM)
 - Leading the Response in Washington State w/ Dr. Scott Lindquist (4/13/21 @ 6 PM)
 - Sharp Hospital and COVID-19 in San Diego w/ Chris Howard (4/20/21 @ 5 PM)
- **WHERE:** Zoom! (Links on flyer)
- **1 point each**

Point Opportunity: 40th Anniversary Virtual Celebration

EVENT DETAILS

40th Anniversary Virtual Celebration

- **DATE:** April 5-11th
- **WHERE:** Zoom! (<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**

Point Opportunity: 40th Anniversary Virtual Celebration

EVENT DETAILS

Career Panel: Diversity and Representation in Science & Public Health

- **DATE:** April 6th, 2021 (Tuesday)
- **WHEN:** 3:00 - 4:30 PM
- **WHERE:** Zoom!
(<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**



CAREER PANEL: DIVERSITY & REPRESENTATION

IN SCIENCE & PUBLIC HEALTH

PANEL & Q&A
3:00-4:00 PM

TOPICS INCLUDE:

THRIVING IN
GRAD SCHOOL

MENTORSHIP

CAREERS IN
HEALTHCARE,
ACADEMIA & BIOTECH

COMMUNITY
PARTNERSHIP

SPECIAL FOCUS:
CANCER RESEARCH

**NETWORKING
SESSION**
4:00-4:30 PM



**APRIL
6TH**
3:00-4:30
PM

ZOOM

Please register here:
<https://bit.ly/3eCIL60>

or email kgarcia6@sdsu.edu to RSVP



Point Opportunity: 40th Anniversary Virtual Celebration



RESEARCH PANEL:

INNOVATIONS IN CANCER DISPARITIES RESEARCH

PANEL, Q&A
3:00-4:00 PM
RESEARCH AREAS
INCLUDE:
BIOMEDICAL/
LABORATORY
SOCIAL-BEHAVIORAL
TRANSLATIONAL
MEDICINE
PUBLIC HEALTH

NETWORKING
SESSION:
4:00-4:30 PM



APRIL
8TH
3:00-4:30
PM



ZOOM

Please register here
<https://bit.ly/38xshlj>

or email kgarcia6@sdsu.edu to RSVP

EVENT DETAILS

Research Panel: Innovations in Cancer Disparities Research

- **DATE:** April 8th, 2021 (Thursday)
- **WHEN:** 3:00 - 4:30 PM
- **WHERE:** Zoom!
(<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**

Point Opportunity: 40th Anniversary Virtual Celebration

CONVERSATION SERIES

April 7, 2021 | 12:00 PM PST

Corinne
McDaniels-Davidson
Director, SDSU Institute for Public Health

Community Engagement to Combat COVID-19

Community engagement is critical to a successful public health response to COVID-19. Learn about what the SDSU Institute for Public Health, the practice arm of the School of Public Health, is doing to fight COVID hand-in-hand with our local communities.

Please RSVP Here

If you have any questions, please contact Natasha
Bliss at nbliss@sdsu.edu or (619) 594-1569.

EVENT DETAILS

Conversation Series: Community Engagement to Combat COVID-19

- **DATE:** April 7th, 2021 (Wednesday)
- **WHEN:** 12:00 PM
- **WHERE:** Zoom!
(<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**



SAN DIEGO STATE
UNIVERSITY

College of Health &
Human Services

Point Opportunity: 40th Anniversary Virtual Celebration



 SAN DIEGO STATE
UNIVERSITY
School of Public Health

SDSU School of Public Health 40th Anniversary

Join us in
awarding Dr.
Wilma Wooten
with the Alumni
Achievement
Award from the
School of Public
Health in
recognition of
her exemplary
leadership in the
challenging
time.

Recognizing Dr. Wilma Wooten

Friday,
April 9, 2021

1 to 2 PM PST

Please register for the event [here](#).

EVENT DETAILS

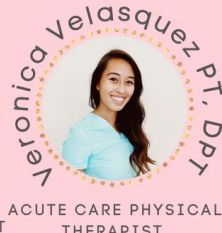
Recognizing Dr. Wilma Wooten

- **DATE:** April 9th, 2021 (Friday)
- **WHEN:** 1:00 - 2:00 PM
- **WHERE:** Zoom!
(<https://publichealth.sdsu.edu/40th-anniversary/>)
- **1 point each**

Point Opportunity: Cancer Awareness Conference

CANCER AWARENESS CONFERENCE

WEDNESDAY, APRIL 7TH @2PM, 2021



REGISTER HERE:
TINYURL.COM/CANCERAWARENESSCONFERENCE

EVENT DETAILS

- **DATE:** April 7th, 2021 (Wednesday)
- **WHEN:** 2:00 - 6:00 PM
- **WHERE:** Zoom!
(<http://tinyurl.com/cancerawarenessconference>)
- **1 point**

CANCER AWARENESS CONFERENCE

WEDNESDAY, APRIL 7TH @2PM, 2021

SCAN TO REGISTER



Point Opportunity

- JOIN **Students Health Advisory Committee (SHAC)**!
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting to gain **1 point** toward S4PH (4/13 @ 3:30 PM)



THE UNIVERSITY OF
SOUTH ALABAMA

JOIN SHAC

STUDENT HEALTH ADVISORY COMMITTEE

The Student Health Advisory Committee provides on-going advice to the Office of the Vice President for Student Affairs and to the Directors of Student Health Services, Counseling and Psychological Services, and Well-being & Health Promotion.

MEETINGS

Dates:	Time:
2/2	3:30 pm to 4:30 pm
2/16	
3/2	
3/16	
4/13	
4/27	
5/4	

Location:
Zoom Meeting Room
bit.ly/SHACs2021

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

CONTACT CALPULLI.SHAC@SDSU.EDU
FOR MORE INFORMATION

Point Opportunity

“Difficult but Necessary Conversations”

- **DATE:** April 23, 2021 (Friday)
- **WHEN:** 11:30 AM - 12 PM
- **WHERE:** Zoom! (ID on flyer)
- **1 point**

Counseling & Psychological Services SINGLE SERVINGS:

Coping with COVID... and Other Stress



Stress Management

Tuesday, February 16
9-9:30am PT



We Have a Vaccine -- Now What?

Thursday, March 11
1-1:30pm PT



Difficult But Necessary Conversations

Friday, April 23
11:30am-12pm PT

Use your SDSUid to log-in and
CLICK HERE TO JOIN US!

Zoom Meeting ID: 837 5973 6713



[Live Well Aztecs]



sdsucounseling



sdsu.edu/cps

Point Opportunity

Virtual Coffee w/ Dr. Emory

- **DATE:** Every Tuesday
- **WHEN:** 10 - 11 AM
- **WHERE:** Zoom! (ID on flyer)
- **1 point!**



Point opportunities: Your Voice Matters!

- Submit a comment, concern, idea, or suggestion!
- Link for survey is under:
as.sdsu.com/yourvoicematters
- Take a picture of the end slide that says
"Your response has been recorded"
- **1 point**

YOUR VOICE MATTERS

AN INITIATIVE THROUGH A.S. TO ENSURE STUDENTS HAVE THE PLATFORM TO

HAVE THEIR VOICES HEARD


PROVIDE FEEDBACK & MAKE POSITIVE CHANGE

ENGAGE WITH A.S. STUDENT LEADERS

HAVE AN IMPACT ON THE FUTURE OF SDSU

TELL US WHAT'S ON THEIR MIND

as.sdsu.edu/yourvoicematters

 [@as_sdsu](https://www.instagram.com/as_sdsu)

SUBMIT A COMMENT, CONCERN, IDEA OR SUGGESTION AND TELL US WHAT YOU WOULD LIKE TO SEE IMPROVED OR OFFERED

YOUR VOICE MATTERS

AS
ASSOCIATED STUDENTS
SAN DIEGO STATE UNIVERSITY

as.sdsu.edu/yourvoicematters

Point Opportunity

- **Empower Hour** co-sponsored by Black Student Science Organization
- March 29th @ 5pm- must RSVP
- Learn how you can help patients with Cancer through Be the Match



Empower Hour

Co-sponsored by SGRHO, SAZ, BSSO & NAK

2020 halted our lives in many ways, but it didn't stop cancer. Patients need all of us to make a change for good.

Join us to learn how you can do good with Be The Match and meet searching patient, Jehvan and registry member Nisha, who went on to save a life.



Nisha, PBSC Donor

Date: March 29, 2021

Time: 5pm to 6pm

Zoom Link: TBA

RSVP by March 21st
to receive your gift



SAN DIEGO STATE
UNIVERSITY



Jehvan, Searching Patient

Text EmpowerSDSU to 61474

Graduation Cords

- For those who qualify for graduation stoles, please fill out this link!
 - [SIGN THIS LINK](#)
- **REMEMBER:** Must have been active last semester plus one other semester to qualify!
- **Form closes on April 7th!**

Egg-Vent

Come and Join us for an Egg Decorating Party!!!

11:00 am Tuesday March 30th

POINT OPPORTUNITY

1ST and 2nd PLACE WINNER WILL WIN A GIFT CARD

Save the Date!

5/5/2021

Normal Meeting Time: 2:00 PM - 3:00 PM

BANQUET!!!!

Certificates, prizes, and more!

2021-2022 Exec Board Applications

Applications Released

April 7th, 2021

On our website - google form

Applications Due

April 21st, 2021 at midnight

Interviews

April 26th, 2021 (Monday) whole day

Time slots will be released and you sign up

Announcements

Email: April 30th, 2021

Students 4 Public Health: May 5th, 2021

2021-2022 Exec Board Applications

Applications Released

April 7th, 2021

On our website - google form

Applications Due

April 21st, 2021 at midnight

Interviews

April 26th, 2021 (Monday) whole day

Time slots will be released and you sign up

Announcements

Email: April 30th, 2021

Students 4 Public Health: May 5th, 2021

Point Opportunities

Event	Number of Points
General Body meeting	5
SHAC	1 (max 2 per semester)
Peer health education session	1
Virtual cooking class	1
Dare menu	1
Virtual coffee hour	1
Any event from PH 40th Anniversary	1 per event
Student health expo	1
Combating Racism in public health	1
Your Voice Matters	1
Egg-Vent	1
Speaker Series	1
Cancer Awareness Conference	1

Many thanks!



**STUDENTS 4
PUBLIC HEALTH**

SAN DIEGO STATE
UNIVERSITY

**Does anyone have any questions?
Feel free to stay behind or message us:**

EMAIL: students4publichealth@gmail.com

IG: [@students4publichealth](https://www.instagram.com/students4publichealth/) /
students4publichealth.weebly.com

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**Sign in:
<https://forms.gle/CpjCRVAP6MMkfCY39>**

Slides & recording will be posted tonight!