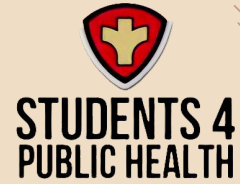


STUDENTS 4 PUBLIC HEALTH GBM 5



Welcome to our 5th GBM!! Hope you all had a fun Halloween!

ADVISING SESSION!



ESMERALDA SANCHEZ

PHundergrad@sdsu.edu



AMANDA BROWN

abrown2@sdsu.edu

POINT SYSTEM

- **3 GBM:** Biweekly General Body Meetings on Wednesdays
- **1 Social:** Attending social events
- **2 Fundraising:** Attending or contributing to fundraising events
- **2 Community Service:** Attending community service activities
- **2 Educational (SSF will count for this in the Spring semester):** In the Fall, these are standard point opportunities offered throughout the semester

= Active Membership: 10 Points Total Required

GBM MODEL



SAN DIEGO STATE UNIVERSITY

STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

FALL 2022 GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

9/07/22: GBM 1 (Legacy Suite)

9/21/22: GBM 2 (Zoom)

10/05/22: GBM 3 (Legacy Suite)

10/19/22: GBM 4 (Zoom)

11/02/22: GBM 5 (Legacy Suite)

11/16/22: GBM 6 (Zoom)

11/30/22: GBM 7 (Legacy Suite)

*Schedule is tentative and subject to change
Meetings are either in-person **or** fully virtual

LEGACY SUITE: 3rd floor of Student Union
(to the right of the GoodFriend Lounge)

- Mixture of in-person and virtual meetings
 - In-person: Legacy Suite
 - Virtual: Zoom
- GBM Dates:
 - **11/16, 11/30**
 - Highlighted are online GBMs
- ***Schedule is tentative and subject to change

FUNDRAISING REMINDERS

- At least 2 of the 10 points for active membership must be fundraising points.
- You must mention S4PH at every fundraiser and remember to fill out a point submission form with it!
- We are planning a mix of in-person and virtual fundraisers for the semester!

MERCH ORDER FORM!



- Everyone who filled out the merch interest form was emailed a **MERCH ORDER FORM!**
 - **Deadline was yesterday to get priority!**

- **Merch form is NOW open to ANYONE who would like to order merch!**

- **SIZES ARE SUBJECT TO AVAILABILITY!**

- We will reach out to you if the size you order is no longer available!

- Final pricing (\$18)
- Reminder- Venmo payment will be due after submitting order form
- Merch pick-up date, time, & location TBD

- bit.ly/S4PHMerch



MORE THAN PINK WALK

susan g. komen
**MORE THAN
PINK WALK**



- **WHAT:** The MORE THAN PINK Walk is a way to celebrate survivors, those living with breast cancer, and honor loved ones lost
- **WHEN:** Sunday, November 6th from 8am-11am
 - Plan to be there at **7:45am** if you are driving yourself!
- **WHERE:** Balboa Park, located on 6th Ave. and Laurel St
- **HOW:** Carpooling sign-up will be offered!
 - **Drivers get 1 extra point!**
 - Join the S4PH team and help us raise money for this cause!
 - How to join? We'll show you!
- **Route Length:** 2.2 miles through the heart of Balboa Park
- **1 Community Service point** for attending the walk AND **1 Fundraising point** if you donate to our team!



HOW TO JOIN OUR TEAM

- Scan the QR Code here or click on the link (Found in Beacons)
- Click “Register” at the top and then “Join a Team”, and answer the prompted questions :)
- Search “Students 4 Public Health”
- Use the Donate option if only trying to get fundraising points
- By joining the team, you are RSVPing to this event!
- GROUPME and Carpool Form will be sent out soon!

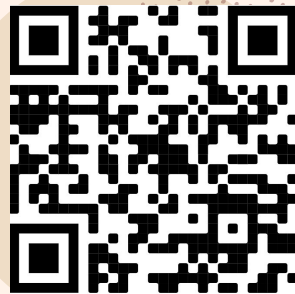


MORE THAN PINK WALK GROUPME + CARPOOL FORM



GROUPME

- Join the Groupme if you plan to attend the walk, need a ride, or would like to be a driver



CARPOOL FORM

- Please fill out this form if you need a ride or can be a driver to this event
- Drivers will get **1 extra point!**
- More details about parking, poster distributions, and meet-ups will be provided in the GroupMe chat

EPIC WINGS N THINGS FUNDRAISER!

WHEN: Wednesday, November 16th

WHERE: 5120 College Ave #126, San Diego, CA 92115

On the corner of College Ave and Montezuma Road

DETAILS:

- No coupons, discounts, or other offers valid during the event
- Meal plans are also not valid during event
- Please mention Students 4 Public Health when you order!
- Upload your receipt to the Points Submission form on our Beacons!
- **1 fundraising point!**



AZTECS ROCK HUNGER

- **WHAT:** Improve food insecurity by giving back!
(\$1 provides 6 lb of food)
- **WHEN: Oct 14-Nov 6**
- **WAYS TO DONATE:**
 - **CashApp:** \$aztecsrock
 - Caption "Students 4 Public Health"
 - **Venmo:** @S4PHTreasurer
 - Caption "Aztecs Rock Hunger"
 - Donate via the **SDSU Online Giving Portal**
 - At **SDSU campus Starbucks, eateries and markets**
- **1 Fundraising Point!**

SUBMIT SCREENSHOTS & RECEIPTS TO POINT SUBMISSION FORM



LUNCHTIME LECTURE SERIES

IBACH LUNCHTIME LECTURE SERIES

Meet the New School of Public Health Faculty



Friday, November 4, 2022
12-1:00pm PST
Nicholas Lopez-Galvez, PhD, MPH, MA
Assistant Professor
Environmental Health
Title: The importance of evaluating
multiple environmental pollutants
among vulnerable populations



Check out our future upcoming IBACH Lunchtime Lectures!

Friday, December 2, 2022
12-1:00pm PST

Miguel Angel Zavala-Perez
Associate Professor
Environmental Health

Friday, March 10, 2023
12-1:00pm PST

Benjamin Aceves, PhD, MPH, MA
Assistant Professor
Health Promotion and Behavioral Science

Friday, February 10, 2023
12-1:00pm PST

Corinne McDaniels-Davidson, PhD, MPH, CHES
Assistant Professor
Health Promotion and Behavioral Science

In person at IBACH 9245 Sky Park Ct. Suite 2241 San Diego, 92123 or

join via Zoom <https://SDSU.zoom.us/j/86329095787>

RSVP by clicking [HERE](#) or email eallen@sdsu.edu

- Join IBACH's Lunchtime lecture series
- Upcoming:
 - **November 4, 2022:** Nicholas Lopez-Galvez, PhD, MPH, MA Assistant Professor
 - 12:00 – 1:00 PM
 - **December 2, 2022:** Miguel Angel Zavala-Perez, Associate Professor
 - 12:00 – 1:00 PM
- **1 Educational point per lunchtime lecture**
- **Up to 2 points!**

TALK IT OUT

NEW
UPDATE

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

TALK *it* OUT

WITH THE CIR



Shireen Trujillo, LCSW (she/her)
SDSU Counseling & Psychological Services

Stressed Out?
Feeling Unmotivated?
Need Someone To Talk To?

Meet with **Shireen** for a 15-20-minute consultation. No appointment is needed! Simply Visit the CIR during the designated hours.

Mondays 1:00 - 3:00 pm PST
Zoom Meeting Link
<https://tinyurl.com/TIOF22>

- Join professionals from Counseling and Psychological to discuss any concerns you might have
- Information is **confidential**
- Every Monday in person from 1-3 on zoom
- <https://tinyurl.com/TIOF22>
- **1 Educational point**

RESEARCH TALK SERIES

- School of Public Health Faculty Research Talks with Dr. Paula Stigler Granados & Andrea Rochat
- Friday, November 18 at 12:15 PM-1:15 PM
- SH-101
- Virtual! Zoom link on flyer
- **1 Educational point**

SDSU SCHOOL OF PUBLIC HEALTH FACULTY RESEARCH TALK SERIES



Dr. Paula Stigler Granados
SDSU



Andrea Rochat, MFA
UTHealth San Antonio

PLEASE JOIN US FOR OUR SPH FACULTY RESEARCH TALK SERIES

WHEN: FRIDAY, NOV 18, 2022, 12:15 PM - 1:15 PM PST
WHERE: STORM HALL 101
ZOOM LINK: [HTTPS://SDSU.ZOOM.US/J/87547517588](https://SDSU.ZOOM.US/J/87547517588)

This month's talk will feature **Dr. Paula Stigler Granados**, Assistant Professor in the Division of Environmental Health, who will present "Project ECHO and Chagas Disease: A Telementoring Network Model for Improving our Understanding of Neglected Diseases" with co-presenter, **Andrea Rochat**.

RSVP here: <https://bit.ly/sphresearch> or scan the QR code





SHAC

- JOIN **Students Health Advisory Committee (SHAC)!**
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting **(11/19)** to gain **1 Educational Point** toward s4ph
- **1 Educational Point max**




SHAC
STUDENT HEALTH ADVISORY COMMITTEE

BI-WEEKLY MEETINGS
2:30 pm to 3:30 pm
Calpulli Center Conference room 3

Sept. 7th & 21st
Oct. 5th & 19th
Nov. 2nd & 19th
Dec. 7th

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

CONTACT CALPULLI.SHAC@SDSU.EDU FOR MORE INFO

SDSU | Division of Student Affairs and Campus Diversity
Well-being & Health Promotion

Join Our GroupMe! :)

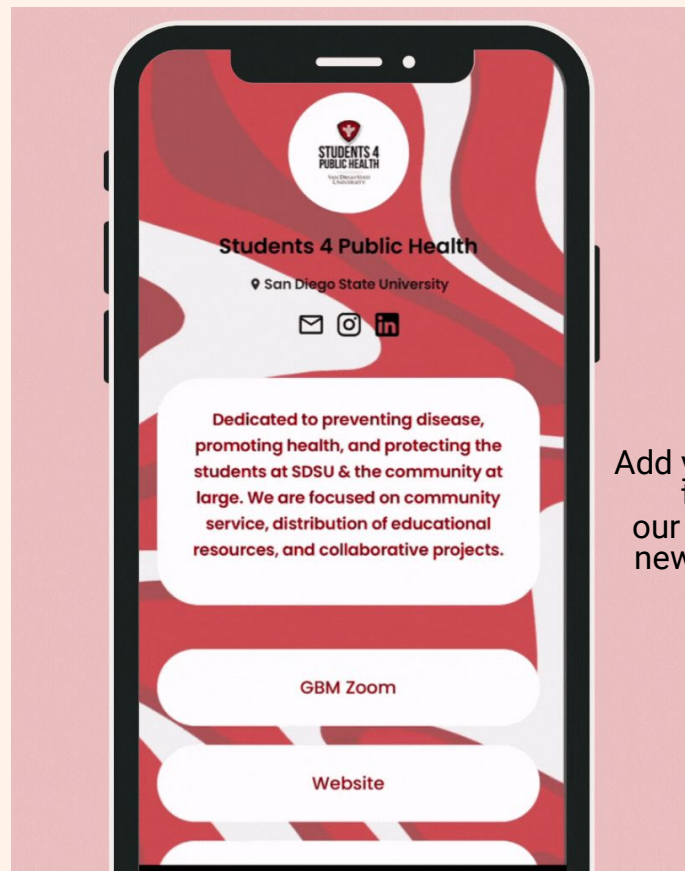


Stay connected with us!

We mainly communicate new updates through Instagram & GroupMe

IG: @students4publichealth

Access important links through our Beacons!



Add your email to get our biweekly newsletters!



POINT SUBMISSION FORM

- Scan the QR Code here to fill out the Point Submission Form
- Use for any event outside of GBM within 48 hours

SIGN IN



THANKS!

DO YOU HAVE ANY QUESTIONS?

IG: students4publichealth

Website: students4publichealth.weebly.com

LinkedIn: SDSU students 4 public health

