



STUDENTS 4 PUBLIC HEALTH

GBM 4

Welcome to our 4th GBM and happy
early halloween!!



GUEST SPEAKER:

VICTORIA HARRIS, MPH
ASST. DIRECTOR, CLINICAL
QUALITY PERFORMANCE AT
UCSD HEALTH



ACTIVITY!

On a scale of Cat, how are feeling today ?





POINT SYSTEM

- **3 GBM:** Biweekly General Body Meetings on Wednesdays
- **1 Social:** Attending social events
- **2 Fundraising:** Attending or contributing to fundraising events
- **2 Community Service:** Attending community service activities
- **2 Educational (SSF will count for this in the Spring semester):**
In the Fall, these are standard point opportunities offered throughout the semester

= Active Membership: 10 Points Total Required



GBM MODEL



SAN DIEGO STATE UNIVERSITY

STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

FALL 2022 GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

9/07/22: GBM 1 (Legacy Suite)

9/21/22: GBM 2 (Zoom)

10/05/22: GBM 3 (Legacy Suite)

10/19/22: GBM 4 (Zoom)

11/02/22: GBM 5 (Legacy Suite)

11/16/22: GBM 6 (Zoom)

11/30/22: GBM 7 (Legacy Suite)

*Schedule is tentative and subject to change
Meetings are either in-person **or** fully virtual

LEGACY SUITE: 3rd floor of Student Union
(to the right of the GoodFriend Lounge)

- Mixture of in-person and virtual meetings
 - **In-person:** Legacy Suite
 - **Virtual:** Zoom
- GBM Dates:
 - **11/2, 11/16, 11/30**
 - Highlighted are online GBMs
- ***Schedule is tentative and subject to change





FUNDRAISING REMINDERS

- At least 2 of the 10 points for active membership must be fundraising points.
- You must mention S4PH at every fundraiser and remember to fill out a point submission form with it!
- We are planning a mix of in-person and virtual fundraisers for the semester!



BLS AHA CERTIFICATION CLASS



- **WHAT:** BLS American Heart Association (AHA) Certification Class with instructor Matthew Martinez
- **WHEN:** THIS Friday, October 21st at 11am-2pm
- **WHERE:** SDSU Scripps Cottage
- **RSVP:** bit.ly/S4PHBLS22
- **IMPORTANT!** After RSVPing, please pay \$5 to **@S4PHTreasurer** on Venmo to reserve your seat! Remaining \$45 due on day of event directly to instructor!
 - Total cost: \$5 + \$45 = \$50



2 Educational Points!

***100% of what S4PH earns (\$5/person) will be donated to the American Cancer Society!**





MERCH ORDER FORM!



- Everyone who filled out the merch interest form was emailed a **MERCH ORDER FORM!**
 - ONLY for those who filled out the interest form!
 - Has final pricing (\$18)
 - **DEADLINE: November 1st at MIDNIGHT**
 - Reminder- Venmo payment will be due after submitting order form
 - Merch pick-up date, time, & location TBD
- **If you would like to order a crewneck now, but did not fill out the interest form, please reach out to Nalani!**
 - We ordered extra and can get you one of them!
- **After the NOV 1st deadline, the form will open for ANYONE to order merch!!!**
- bit.ly/S4PHMerch



MORE THAN PINK WALK

- **WHAT:** The MORE THAN PINK Walk is a way to celebrate survivors, those living with breast cancer, and honor loved ones lost
- **WHEN:** Sunday, November 6th from 8am-11am
- **WHERE:** Balboa Park, located on 6th Ave. and Laurel St
- **HOW:** Carpooling sign-up will be offered!
 - **Drivers get 1 extra point!**
 - Join the S4PH team and help us raise money for this cause!
 - How to join? We'll show you!
- **Route Length:** 2.2 miles through the heart of Balboa Park
- **1 Community Service point** for attending the walk AND **1 Fundraising point** if you donate to our team!

susan g. komen
**MORE THAN
PINK WALK**



HOW TO JOIN OUR TEAM!



- Scan the QR Code here or click on the [link](#) (Found in Beacons)
- Click “Register” at the top and then “Join a Team”, and answer the prompted questions :)
- Search “Students 4 Public Health”
- Use the Donate option if only trying to get fundraising points
- By joining the team, you are RSVPing to this event!
- GROUPME and Carpool Form will be sent out soon!



SPOOKTACULAR HALLOWEEN SOCIAL



- **WHAT:** Come join us for a **spooky time** where we will be making posters for our upcoming **Pink Walk** and painting pumpkins. There will be some **spooky treats** for you all to enjoy and **PRIZES!** Once you reserve your spot you could be **one** of the **three** lucky people to win a **\$10 Starbucks Gift card!** For more info scan the QR code to be taken to the RSVP form.
- **WHEN:** Wednesday, October 26 from 2-3PM
- **WHERE:** Templo Mayor
- **Earn 1 SOCIAL Point**



**Scan QR Code to
Reserve Your Spot
For The Event!**



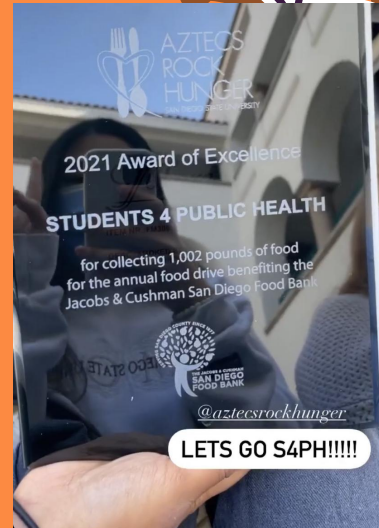


AZTECS ROCK HUNGER

WHAT: Improve food insecurity by giving back!
(\$1 provides 6 lb of food)

- **WHEN: Oct 14-Nov 6**
- **WAYS TO DONATE:**
 - **CashApp:** \$aztecsrock
 - Caption “Students 4 Public Health”
 - **Venmo:** @S4PHTreasurer
 - Caption “Aztecs Rock Hunger”
 - Donate via the **SDSU Online Giving Portal**
 - At **SDSU campus Starbucks, eateries** and **markets**
- **1 Fundraising Point!**

SUBMIT SCREENSHOTS & RECEIPTS TO POINT SUBMISSION FORM



SAY BOO TO THE FLU



COME ONE, COME ALL!

SAY BOO TO THE FLU



GET A **FREE** FLU VACCINE

BY APPOINTMENT
healthconnect.sdsu.edu

ON-CAMPUS WALK-IN FLU CLINICS
from 10am-2pm

10.4.22 - CALPULLI	10.19.22 - HEPNER HALL
10.8.22 - SOUTH CENTENNIAL WALKWAY**	10.20.22 - STUDENT UNION
10.11.22 - CUICACALLI	10.24.22 - CALPULLI
10.13.22 - ARC COURTYARD	10.27.22 - STUDENT UNION

Visit shs.sdsu.edu for walk-in hours

**hours differ: 9am-12pm

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STUDENT HEALTH SERVICES



COME ONE, COME ALL!

SAY BOO TO THE FLU



Upload proof of a **Flu vaccine** to healthconnect.sdsu.edu prior to Oct. 31st at 11:59pm for a chance to win one of the following prizes:

- \$50 BOOKSTORE GIFT CARD**
- \$20 STARBUCKS GIFT CARD**
- \$25 AMAZON GIFT CARD**
- \$250 SOUTHWEST GIFT CARD

**Multiple prizes will be offered; one prize per winner

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STUDENT HEALTH SERVICES



Get your flu shot and receive 1 educational point!

PUBLIC HEALTH UNDERGRAD STUDENT SUCCESS FORUM

- October 25th at 3 pm on Zoom
- Dr. Felner and your advisors will present resources available to Public Health students
- Get advice planning your Spring 2023 registration!
- **1 Educational Point!**

PUBLIC HEALTH UNDERGRADUATE STUDENT SUCCESS FORUM

TUESDAY, OCTOBER 25, 2022
3:00 - 4:00 PM

ZOOM MEETING ID: 868 8642 0640

Please join Public Health Undergraduate Director, Advisors, and Staff for a one-hour forum to help you stay successful in your public health bachelor's program.

This is an opportunity to:

- Meet your faculty and get tips for connecting with your instructors
- Get advice for Spring 2023 Registration
- Learn about opportunities on campus
- Hear about research, internships, and other Area B opportunities
- Ask any questions about your degree or future career

Email Ashtyn at anichols@sdsu.edu with any questions

SDSU

College of Health and Human Services
School of Public Health



FIND YOUR PATH

- October 25th from 5-6 pm at Little Theatre 161
- Join Jeffrey Oxendine, MPH for Steps to Choosing the Health Career for you!
- **1 Educational Point!**



FIND YOUR PATH

Jeffery Oxendine MPH, MBA

About Our Guest Speaker

Jeffrey Oxendine, MPH is a healthcare executive, an educator, and the author of :

"You Don't Have to Be a Doctor: Discover, Achieve, and Enjoy Your Authentic Health Career"

Join Us

In-Person

@

Little Theater
161

Steps To Choosing The Health Career For You!

Open to All Students!

October 25th, 2022
Tuesday

5-6 PM

 SAN DIEGO STATE
UNIVERSITY
School of Public Health

LUNCHTIME LECTURE SERIES

IBACH LUNCHTIME LECTURE SERIES

Meet the New School of Public Health Faculty



Friday, November 4, 2022
12-1:00pm PST
Nicholas Lopez-Galvez, PhD, MPH, MA
Assistant Professor
Environmental Health
Title: The importance of evaluating multiple environmental pollutants among vulnerable populations

Check out our future upcoming IBACH Lunchtime Lectures!

Friday, December 2, 2022
12-1:00pm PST
Miguel Angel Zavala-Perez
Associate Professor
Environmental Health

Friday, February 10, 2023
12-1:00pm PST
Corinne McDaniels-Davidson, PhD, MPH, CHES
Assistant Professor
Health Promotion and Behavioral Science

Friday, March 10, 2023
12-1:00pm PST
Benjamin Aceves, PhD, MPH, MA
Assistant Professor
Health Promotion and Behavioral Science

In person at IBACH 9245 Sky Park Ct. Suite 2241 San Diego, 92123 or
join via Zoom <https://SDSU.zoom.us/j/86329095787>

RSVP by clicking [HERE](#) or email eallen@sdsu.edu

IBACH Institute for Behavioral and Community Health

SDSU College of Health and Human Services
School of Public Health

- Join IBACH's Lunchtime lecture series
- Upcoming:
 - **November 4, 2022:** Nicholas Lopez-Galvez, PhD, MPH, MA Assistant Professor
 - 12:00 - 1:00 PM
 - **December 2, 2022:** Miguel Angel Zavala-Perez, Associate Professor
 - 12:00 -1:00 PM
- **1 Educational point per lunchtime lecture**
- **Up to 2 points!**



SHAC

- JOIN **Students Health Advisory Committee (SHAC)!**
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting **(11/2)** to gain **1 Educational Point** toward s4ph
- **1 Educational Point max**



SHAC
STUDENT HEALTH ADVISORY COMMITTEE

BI-WEEKLY MEETINGS
2:30 pm to 3:30 pm
Calpulli Center Conference room 3

Sept. 7th & 21st
Oct. 5th & 19th
Nov. 2nd & 19th
Dec. 7th

Why Join SHAC?

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

CONTACT CALPULLI.SHAC@SDSU.EDU FOR MORE INFO

Join Our GroupMe! :)

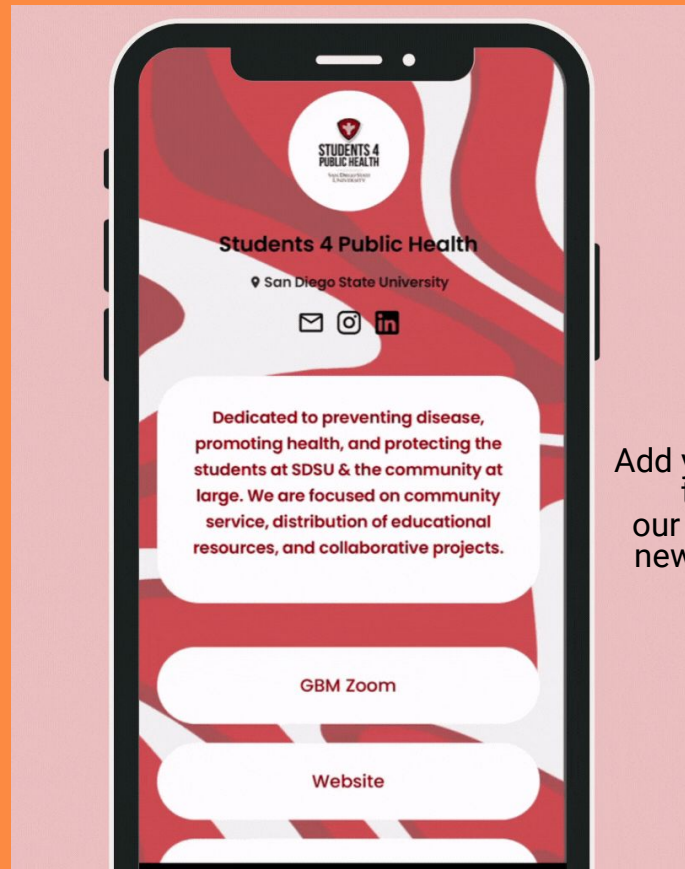


Stay connected with us!

We mainly communicate new updates through Instagram & GroupMe

IG: @students4publichealth

Access important links through our new Beacons! (previously LinkTree)



Add your email to get our biweekly newsletters!



POINT SUBMISSION FORM

- Scan the QR Code here to fill out the Point Submission Form
- Use for any event outside of GBM within 48 hours



SIGN IN!



THANKS

Do you have any questions?

IG: [students4publichealth](#)

Website: students4publichealth.weebly.com

LinkedIn: [SDSU students 4 public health](#)

