



# STUDENTS FOR PUBLIC HEALTH GBM 3

Welcome to our third GBM of the semester :)

# Speaker: Dance Marathon



[bit.ly/S4PHxDM](https://bit.ly/S4PHxDM)

1 Fundraising Point



# ICEBREAKER!

## Speed Networking

**Step 1:** You will need to find a **partner**.

**Step 2:** You will have **2 minutes** to answer the question given.

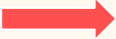
**Step 3:** Once time is called, find a **NEW** partner.

**Step 4:** You will be given **another** question to answer.

**Step 5:** This will repeat until you have met **three new people!**



S4PH



Please Remember To  
Introduce Yourself  
With Your Name and  
Year!

# ...continued

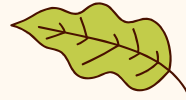


**Question 1:** What was the most **memorable time** or moment you have experienced?



**Question 2:** How would you **describe yourself** in three words?

**Question 3:** Have you **traveled anywhere** interesting? How did it go? If not, where would you like to travel to?



# MISSION

## MISSION

**Students 4 Public Health** is a student organization dedicated to **preventing, promoting, and protecting** the students of San Diego State University, as well as the community at large.

## OUR GOALS THIS YEAR

More in-person volunteering and community service opportunities, collaboration with local organizations and other student organizations, and a variety of guest speakers.

# POINT SYSTEM

- **3 GBM:** Biweekly General Body Meetings on Wednesdays
- **1 Social:** Attending social events
- **2 Fundraising:** Attending or contributing to fundraising events
- **2 Community Service:** Attending community service activities
- **2 Educational: (SSF will count for this in the Spring semester):**

In the Fall, these are standard point opportunities offered throughout the semester

**= Active Membership: 10** Points Total Required

# MEMBERSHIP DUES

- **How much?**

NEW members: **\$15**

RETURNING members: **\$10**

- **Payment method:**

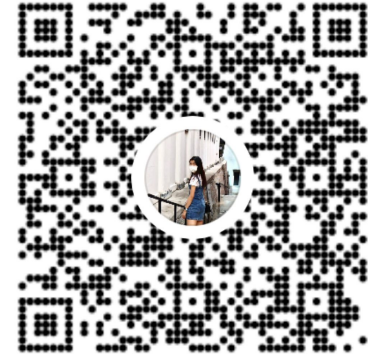
**Venmo: @S4PHTreasurer**

Payment will be ❤️ to confirm it's been received!

DUE BY **TODAY: Oct. 5TH, 2022!**

Students for Public Health

@S4PHTreasurer



**venmo**

# GBM MODEL



SAN DIEGO STATE UNIVERSITY

## STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

### FALL 2022 GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

**9/07/22:** GBM 1 (Legacy Suite)

**9/21/22:** GBM 2 (Zoom)

**10/05/22:** GBM 3 (Legacy Suite)

**10/19/22:** GBM 4 (Zoom)

**11/02/22:** GBM 5 (Legacy Suite)

**11/16/22:** GBM 6 (Zoom)

**11/30/22:** GBM 7 (Legacy Suite)

\*Schedule is tentative and subject to change  
Meetings are either in-person or fully virtual

LEGACY SUITE: 3rd floor of Student Union  
(to the right of the GoodFriend Lounge)

- Mixture of in-person and virtual meetings
  - **In-person:** Legacy Suite
  - **Virtual:** Zoom
- GBM Dates:
  - **10/19, 11/2, 11/16, 11/30**
    - Highlighted are online GBMs
- \*\*\*Schedule is tentative and subject to change



# FUNDRAISING REMINDERS

- At least 2 of the 10 points for active membership must be fundraising points.
- You must mention S4PH at every fundraiser and remember to fill out a point submission form with it!
- We are planning a mix of in-person and virtual fundraisers for the semester!



# Zip Launchpad



This event is an opportunity to listen to an inspiring women in stem discuss their career journeys while attendees paint terracotta pots! There will be food, pots, painting supplies and succulents provided to everyone to plant in your finished terracotta pots!



**If you haven't RSVP'ed but want to attend please let us know!**

**WHEN:** Tuesday, October 11 from 11-1 PM

**WHERE:** IP Launchpad Center  
located at EIS 103.

***\*Worth 1 SOCIAL point!***



SDSU ZIP LAUNCHPAD **WOMEN IN STEM** PRESENTS

## Paint Your Perspective

FEATURING DYNAMIC AND SUCCESSFUL WOMEN  
IN STEM SHARING THEIR CAREER JOURNEYS



**DATE: OCTOBER 11**

**TIME: 11AM - 1PM**

LOCATION: EIS-103



**RSVP**

**RSVP BY SEPTEMBER 23**

[CLICK HERE TO RSVP](#)

# BLS AHA Certification Class

- **WHAT:** BLS American Heart Association (AHA) Certification Class with instructor Matthew Martinez
- **WHEN:** Friday, October 21st at 11am-2pm
- **WHERE:** SDSU Scripps Cottage
- **RSVP:** [bit.ly/S4PHBLS22](https://bit.ly/S4PHBLS22)
- **IMPORTANT!** After RSVPing, please pay \$5 to **@S4PHTreasurer** on Venmo to reserve your seat! Remaining \$45 due on day of event directly to instructor!
  - Total cost: \$5 + \$45 = \$50
- **2 Educational Points!**



**\*100% of what S4PH earns (\$5/person) will be donated to the American Cancer Society!**

# CHIPOTLE FUNDRAISER

- **WHAT:** Chipotle Fundraiser
- **WHEN:** Tuesday, October 18th from 4-8pm
- **WHERE:** Chipotle in the SDSU Student Union, bring your friends!!!!
- **1 Fundraising Point**
- You must mention you are there for S4PH in order for us to receive your funds!
- If ordering online, you must use code: **VGAA8ER**



# MERCH INTEREST FORM



- If interested in purchasing, fill out INTEREST form:

<https://bit.ly/MerchInt>

- This is just to get an estimate number of crewnecks we need to buy, order form will be released soon!
- **Deadline:** THIS Friday, October 7th!
- \*\*Crewnecks will be white
- Pricing will be determined based on how many people are interested! (estimated price: \$19-\$22)



CREWNECKS!



# BECOME AN SDSU Ambassador!

SDSU AMBASSADORS are the official student representatives, tour guides and orientation leaders at San Diego State University.

INTERACT • IMPACT • INSPIRE



## STEPS TO BECOME AN SDSU AMBASSADOR

1. Visit [nspp.sdsu.edu/sdsu-ambassadors](https://nspp.sdsu.edu/sdsu-ambassadors)
2. Attend one mandatory Information Session
3. Complete the online application by October 9th, 2022 no later than 4 p.m.

[Join Ambassadors](#)

**SEP. 19, 2022:** Applications are available online at 4 p.m. at [nspp.sdsu.edu/sdsu-ambassadors](https://nspp.sdsu.edu/sdsu-ambassadors)

**OCT. 9, 2022:** Applications are due online no later than 4 p.m.



# SDSU Ambassadors

This is a great chance to get more involved on campus and assist in New Student Orientation and give tours!

Reach out to Sandhya if you have any questions!

## Application Steps:

1. Attend one information session (next one 10/5 from 6-6:45 on Zoom)
2. Complete the application by October 9, 2022

# SHAC

- JOIN **Students Health Advisory Committee (SHAC)!**
- Opportunity to have your voice heard & provide advice on student health matters on campus
- Gain valuable PH experience working with administrators & leaders at calpulli
- 4 meetings required to be an active member
- Attend the next meeting **(10/19)** to gain **1 Educational Point** toward s4ph
- **1 Educational Point max**



**SHAC**  
STUDENT HEALTH ADVISORY COMMITTEE

**BI-WEEKLY MEETINGS**  
2:30 pm to 3:30 pm  
Calpulli Center Conference room 3

Sept. 7th & 21st  
Oct. 5th & 19th  
Nov. 2nd & 19th  
Dec. 7th

**Why Join SHAC?**

- Develop and/or improve leadership, communication, and collaborative skills
- Gain exposure to the health and wellness fields
- Receive practical experience
- Impact the quality of the student experience
- Network with students and professional staff and faculty

CONTACT [CALPULLI.SHAC@SDSU.EDU](mailto:CALPULLI.SHAC@SDSU.EDU) FOR MORE INFO

**SDSU** | Division of Student Affairs and Campus Diversity  
Well-being & Health Promotion



Join Our GroupMe! :)

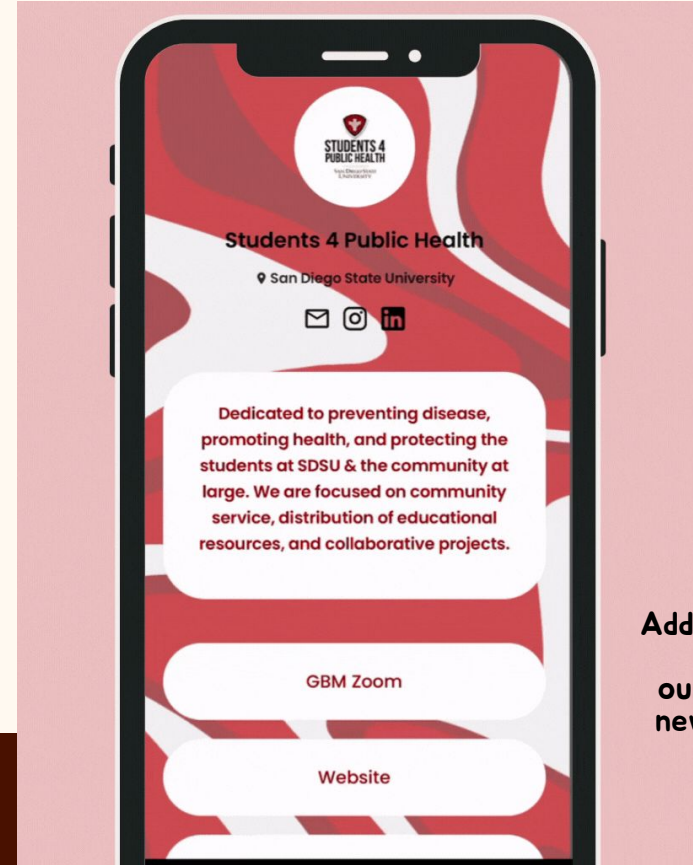


Stay connected with us!

We mainly communicate new updates through Instagram & GroupMe

IG: @students4publichealth

Access important links through our new Beacons! (previously LinkTree)



Add your email to get our biweekly newsletters!



# POINT SUBMISSION FORM

- Scan the QR Code here to fill out the Point Submission Form
- Use for any event outside of GBM within 48 hours





**SIGN IN**

# THANKS!

Do you have any questions?

**IG:** students4publichealth

**Website:** [students4publichealth.weebly.com](https://students4publichealth.weebly.com)

**LinkedIn:** SDSU students 4 public health

See you at the next ZOOM GBM on **10/19!!!**