



STUDENTS 4
PUBLIC HEALTH

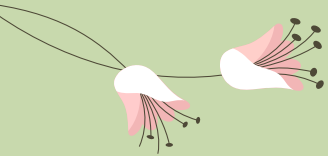
GBM #3

9/29/2021



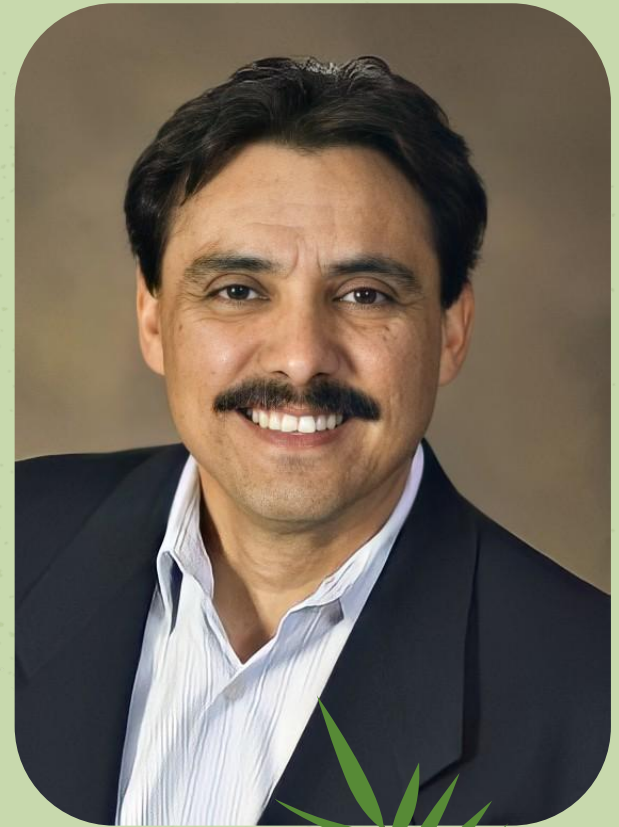
The background is a vibrant tropical jungle scene. It features a variety of green leaves, including large monstera leaves with characteristic holes, delicate fern fronds, and broad, smooth-edged leaves. Interspersed among the foliage are several bright pink flowers, some with multiple layers of petals and prominent stamens. The overall color palette is dominated by various shades of green, from light lime to deep forest green, with accents of bright pink. The composition is framed by a large, soft-edged shape in the center, which is split into a light green upper half and a light orange lower half. The text is centered within this shape.

**ICE BREAKER:
NEVER HAVE I EVER!**



GUEST SPEAKER: DR. NODORA, DrPH

Associate Professor in the Department of
Family Medicine and Public Health,
Division of Behavioral Medicine at UCSD



HEART & STROKE WALK



9/18/2021

Big thank you to everyone who donated or walked with us at the Heart & Stroke Walk!



MISSION

Students 4 Public Health is a student organization dedicated to **preventing, promoting, and protecting** the students of San Diego State University, as well as the community at large.

Our goals this year: More in-person volunteering and community service opportunities, collaboration with local organizations and other student organizations, and a variety of guest speakers.



POINT SYSTEM



- **10 points** per semester to be active (each meeting is worth 1 point; UP to 5 points for meetings)
- **MUST** pay the membership fee by the deadline to be considered an active member
- **AT LEAST TWO** fundraising events is required per semester
- All point opportunities **MUST** be submitted to the Fall 2021 Point Submission form
- **MUST** be reached in each semester with Students 4 Public Health with ONE semester in the fall semester of your graduating year in order to receive your cord for graduation



GBM MODEL

- Mixture of in-person meetings and virtual meetings
 - **In person:** Pride Suite
 - **Virtual:** Zoom (Same link)
 - Everything is tentative and subject to change!
- 10/13, 10/27, 11/10, 12/8
 - Highlighted dates are **VIRTUAL**



SAN DIEGO STATE UNIVERSITY

STUDENTS FOR PUBLIC HEALTH

Preventing, Promoting, & Protecting

GENERAL BODY MEETINGS:

Biweekly on Wednesdays at 2-3 PM

9/15/21: In-person (Pride Suite)

9/29/21: Virtual (Zoom)

10/13/21: Virtual (Zoom)


10/27/21: In-person (Pride Suite)

11/10/21: Virtual (Zoom)

12/8/21: In-person (Pride Suite)

*Schedule is tentative and subject to change

PRIDE SUITE: 1st floor of Student Union
(to the right of the information booth by Oggi's)

 **ZOOM ID:** 840 2363 2041

(direct link can be found on Link Tree in IG bio)

MEMBERSHIP DUES



venmo

- **DUE:** Sept. 29th! (**TONIGHT**)
 - New Members - \$15
 - Returning Members - \$10
- **VENMO:** @S4PHTreasurer
 - Include S4PH in your description
 - Message will be liked once received and recorded



INTRODUCING..



**NEW CO-FUNDRAISING CHAIR
CASSANDRA FORD**

FUNDRAISING

At least **2** of the **10 points** for active membership must be fundraising points.

There is a point opportunity towards **EVERY** fundraiser you attend!

You must mention **S4PH** at every fundraiser and remember to fill out a point submission form with it!

We are planning a mix of **in-person** and **virtual** fundraisers for the rest of this year!



EPIC WINGS FUNDRAISER

October 14th
10:30am-10:30 pm

5120 College Ave #126, San Diego, CA 92115

On the corner of College Ave and Montezuma Road

- No coupons, discounts, or other offers valid during the event
- Meal plans are also not valid during event
- Please mention **Students 4 Public Health** when you order!
- Upload your receipt to the Points Submission form on our Linktree!
- **1 fundraising point!**



MEMBER SPOTLIGHT



Bianca Augusto

Public Health Major
Interdisciplinary Studies Minor
Third-Year, Pre-PA



WALKING STRIDES AGAINST BREAST CANCER WALK



- **WHAT:** Walk to celebrate and honor breast cancer survivors & increase awareness about importance of prevention and detection
- **WHEN:** October 17th at 7am
- **WHERE:** Balboa Park (carpool will be offered)
- **1 Point for joining S4PH team & walking!**

FIND A PARTICIPANT OR TEAM

SDSU Students for Public Health

SEARCH

SDSU Students For Public Health

Making Strides of San Diego
Presented by WAXIE
San Diego, CA

Join the team!



POSTER-MAKING SOCIAL

- **WHAT:** Come hang out with the S4PH executive board and make posters for the Walking Strides Against Breast Cancer Walk
- **WHEN:** Wednesday, October 6th at 2-3pm
- **WHERE:** Pride Suite
- **RSVP:** [Bit.ly/S4PHposter](https://bit.ly/S4PHposter)

Or scan →



- **1 Point!**



POSTER-MAKING SOCIAL



WEDNESDAY, OCTOBER 6TH | 2-3 PM
LOCATION: PRIDE SUITE

Display your beautiful posters at the Breast Cancer Walk with us on October 17th!

ART SUPPLIES WILL BE PROVIDED | RSVP FORM IN BIO



VACCINATION TIKTOK

- CommuniVax is looking for youth participants to create TikTok videos about your story and what motivated you to get vaccinated!
- Enter for a chance to win \$100, \$50, or \$25 gift cards!
- Submit video to communivax@sdsu.edu by September 30th

ATTENTION SAN DIEGO YOUTH

ARE YOU BETWEEN THE AGES OF 12 AND 24 AND VACCINATED FOR COVID-19?

IF SO, WE WANT TO HEAR FROM YOU!

WHAT MOTIVATED YOU TO GET VACCINATED?
SHARE YOUR STORY IN A TIKTOK VIDEO!

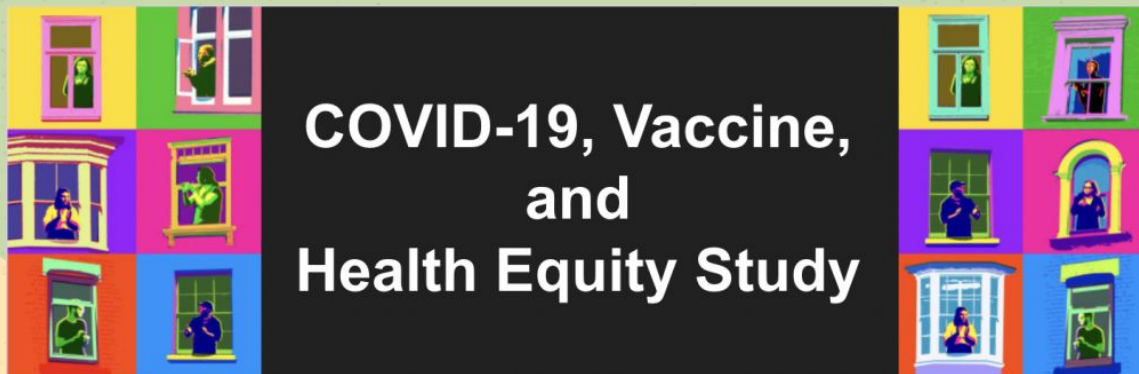
- Enter for a chance to win \$100, \$50 or \$25 e-gift card
- Submit video to communivax@sdsu.edu by September 30th (include name and age)
- Videos can be in Spanish or English
- Top 10 videos will be featured in compilation video
- For more information call us at (619) 693-6130

Learn more about CommuniVax at <https://cal.sdsu.edu/research/communivax>


CommuniVax
A COMMUNITY-DRIVEN COMMUNITY
FOR HEALTHY LIVES AND BETTER TOMORROWS

POINT OPPORTUNITY

- Participate in the COVID-19, Vaccine, and Health Equity survey that contains questions for a research project concerning the COVID-19 vaccine
- **Survey link:** <https://bit.ly/SDSUCOVIDstudy>
- For any questions, contact COVID19.HealthEquityStudy@gmail.com
- **1 point!**



POINT OPPORTUNITY

- **WHAT:** Health Professions Advising Office (HPAO) orientation
- **WHEN:** Next orientation is Monday, October 4th at 11am-12pm
- **WHERE:** Physics 244
- **1 Point Max!**

HPAO Orientation FALL 2021

Introduces students to the HPAO Office and the services we provide as well as how to start becoming a competitive applicant for their health profession of interest. The Orientation is 45 minutes long with an optional 15 minute Q&A.

All orientations will be 11am-12pm

DATES	LOCATION
Tuesday, August 31	GMCS 310
Friday, September 10	GMCS 324
Tuesday, September 21	GMCS 310
Monday, October 4	Physics 244
Tuesday, October 19	GMCS 310
Monday, November 1	Physics 244
Tuesday, November 16	GMCS 310
Monday, November 29	Physics 244

Times and dates are subject to change.

POINT OPPORTUNITY

- **WHAT:** Health Professions Advising Office (HPAO) workshop
- **WHEN:** Next workshop is a LOR workshop on Tuesday, October 5th at 4-5pm
- **WHERE:** GMCS 324
- **1 Point Max!**

HPAO Fall 2021 Workshops

All Workshops will be from 4pm-5pm

Location: GMCS 324

**Open to all health professions

Dates below are subject to change!

**COVID-19 &

Competitiveness:

Tuesday, August 3rd

Wednesday, September 1st

**Personal Statement:

Tuesday, September 7th

Wednesday, September 8th

Medicine Competitive

Applicant

Tuesday, September 14th

Wednesday, September 15th

Pharmacy Competitive

Applicant:

Tuesday, September 21st

Wednesday, September 22nd

PA Competitive Applicant:

Tuesday, September 28th

Wednesday, September 29th

**LoR Workshop:

Tuesday, October 5th

Wednesday, October 6th

**Personal Statement:

Tuesday, November 30th

Wednesday, December 1st

Dental Competitive Applicant:

Tuesday, October 12th

Wednesday, October 13th

Optometry Competitive

Applicant:

Tuesday, October 19th

Wednesday, October 20th

Vet Competitive Applicant:

Tuesday, October 26th

Wednesday, October 27th

**CAS System -

Understanding the Application Workshop:

Tuesday, November 2nd

Wednesday, November 3rd

**SJT and CASPER:

Tuesday, November 9th

Wednesday, November 10th

**Interviewing and Interview Process:

Tuesday, November 16th

Wednesday, November 17th

SEEKING PH STUDENT ASSISTANT

- Research opportunity for those interested in community based research, fitness, nutrition, or family-based intervention programs
- **Major tasks:**
 - Engagement with minority communities
 - Recruitment and delivery of interviews (English/Spanish)
 - Collection of qualitative and quantitative data
- May be eligible for PH 499 credit
- Contact Maddie Moran at mmoran1239@sdsu.edu / (626)393-9506

SAN DIEGO STATE UNIVERSITY

SEEKING UNDERGRADUATE PUBLIC HEALTH STUDENT ASSISTANT

Assist MPH graduate student in conducting research on a needs assessment for a fitness & nutrition program to be implemented in Chula Vista recreation centers.

**FALL SEMESTER START WITH OPPORTUNITY TO
CONTINUE TO SPRING IF DESIRED**

Great research opportunities:

- Be able to work with and positively impact underserved minority communities
- Learn how to conduct interviews and collect qualitative & quantitative data
- Build relationships with community members, research faculty, and graduate students
- Analyze and code data
- Possibility to work on the fitness & nutrition program with Dr. Crespo after this assessment
- Eligibility for research credit

BILINGUAL STUDENTS WILL BE PRIORITIZED

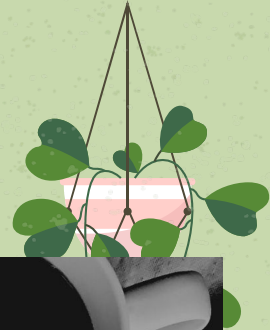
Contact Maddie Moran if you're interested!

mmoran1239@sdsu.edu
(626) 393- 9506



POINT OPPORTUNITY

- **WHAT:** Virtual coffee hour with Esmeralda, PH undergrad advisor
- **WHEN:** 10-11am every Tuesday
- **WHERE:** Zoom
(Meeting ID: 87219180637)
- **1 Point Max**



POINT OPPORTUNITY

- **WHAT:** Meet the new School of Public Health Faculty in this Lunchtime Lecture Series
- **WHEN:** First one on Friday, October 8th, 2021 at 12-12:45pm
- **WHERE:** Zoom (Meeting ID: 84877261721)
- **1 Point Max**



Institute for Behavioral and Community Health



SAN DIEGO STATE UNIVERSITY
SCHOOL OF PUBLIC HEALTH

LUNCHTIME LECTURE SERIES 

Meet the
New School of Public Health Faculty

 <p>Friday, October 8, 2021 12-12:45pm Jennifer Felner, PhD, MPH Assistant Professor Undergraduate Program Director Health Promotion & Beh. Science</p> <p>Title: Critical methods to advance health equity for LGBTQ+ youth and youth experiencing homelessness</p>	 <p>Friday, November 12, 2021 12-12:45pm Sabrina Smiley, PhD, MPH Assistant Professor Health Promotion & Beh. Science</p> <p>Title: What does it take to embed an anti-racism lens into local policy restricting menthol cigarette sales in Los Angeles County's unincorporated communities?</p>
 <p>Friday, February 11, 2022 12-12:45pm Heather Pines, PhD Assistant Professor Epidemiology & Biostatistics</p> <p>Title: Sexual networks among sexual and gender minorities in Tijuana, Mexico: implications for HIV pre-exposure prophylaxis</p>	 <p>Friday, March 11, 2022 12-12:45pm Shira Goldenberg, PhD Assistant Professor Epidemiology & Biostatistics</p> <p>Title: Addressing Intersecting Crises of HIV, STIs, and Substance-Related Health Inequities Outcomes among Marginalized Women and Migrants</p>
 <p>Friday, April 8, 2022 12-12:45pm Paula Stigler Granados, PhD Assistant Professor Environmental Health</p> <p>Title: Rethinking Chagas Disease in the U.S</p>	

Join via Zoom:
<https://SDSU.zoom.us/j/84877261721>

VISIT OUR LINKTREE!

To access direct links to our:

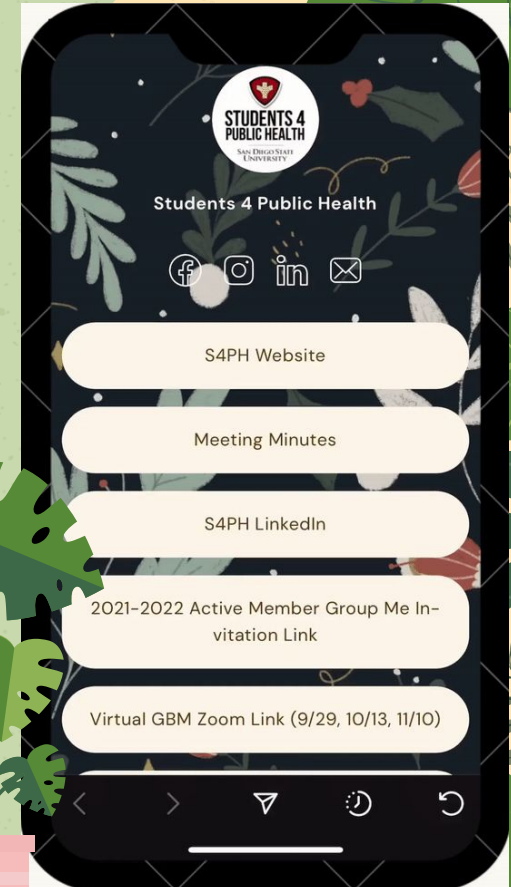
- Website
- Minute meetings
- LinkedIn (**NEW-follow us!**)
- GroupMe invitation
- Zoom link for virtual GBMs (bit.ly/S4PHgbm)
- Point opportunities
- Internship/Job/Volunteer apps

<https://linktr.ee/students4publichealth>

DIRECT LINK ON INSTAGRAM



@Students4PublicHealth



POSSIBLE POINTS

Event	Number of Points
GBMs	5 max
Epic Wings Fundraiser	1 max
Virtual Coffee Hour	1 max
HPAO Orientation	1 max
HPAO workshop (1 ONLY)	1 max
Lunchtime Lecture Series	1 max
Poster-making social	1 max
Breast Cancer Walk	1 max
COVID-19 Survey	1 max





Thank you!

Sign in sheet:



Google Form:
bit.ly/S4PHsignin



For those watching the GBM recording...

Thank you for tuning in to hear from our first guest speaker, Dr. Jesse Nodora!

Don't forget to take a photo of you watching the GBM recording and submitting it to the **Fall 2021 Point Submission Form** to receive a point!

Scan QR code to get to the form! →

Point Form!



Important Reminders

- You can still reach active membership if you cannot attend GBMs live!
- **Other ways to gain points throughout the semester:**
 - Social events
 - Community service events
 - Fundraising opportunities
 - Point opportunities
- Send in your membership dues
 - \$15 for new members, \$10 for returning members
 - **Venmo:** @S4PHTreasurer
- Join the GroupMe for S4PH members who CANNOT attend GBMs live (Scan QR code to join) →
 - Important reminders and updates regarding recordings will be sent there!



GroupMe!

