# Careers in Public Health (Sexual Health Edition)

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#### About me

- + CSU Graduate!!
- + Started working in Sexual Health (HIV/STI prevention) in 2005 as undergrad.
- + Became a Clinical Psychologist focus on Mental Health, Substance Use, as well as Sexual Health.
- + Focus on on Identity Development/Intersectionality, Social Justice, Health Equity and Reducing Health Disparities
- + Teach PH 353 Human Sexuality and Disease
- + Researcher at SDSU's Center for Research on Sexuality and Sexual Health (SASH)

## Why a Career in Sexual Health:

- + Sexual Health is a fundamental part of peoples lives across the lifespan.
- + Can be life enhancing (source of pride, identity, pleasure, connection, excitement, reproduction, etc.)
- + Can also be a source of distress (shame, stigma, judgment, concealment, fear/anxiety, violence, control, disease, reproduction, etc.)
- + Sexual Health is integral part of our overall health

#### Possible Careers in Sexual Health:

- + Medicine (Sexual and Reproductive Health)
- + Mental Health Services/Programming (Specialize in Sexual Health)
- Social Services/Programming (Social work, HIV/STI Interventionist, Reproductive Health, Outreach, Service Coordination)
- + Sexual Violence Services/Programming (Victim Support /Prevention)
- + Law/Public Policy/Advocacy
- + Research/Academia
- + Community Sex Education/Programming (Development/Dissemination)
- + Human Resources/Programming (Personnel Management/Harassment)
- + Entertainment (Writers, Columnists, Social Media, TV etc.)

# If interested in learning more:

- + Center for Research on Sexuality and Sexual Health (SASH) <a href="https://publichealth.sdsu.edu/sash/">https://publichealth.sdsu.edu/sash/</a>
- + Sexual health and family planning student services <a href="https://sacd.sdsu.edu/health-promotion">https://sacd.sdsu.edu/health-promotion</a>
- + San Diego Department of Health& Human Services <a href="http://sandiegocounty.gov/hhsa/programs/phs/">http://sandiegocounty.gov/hhsa/programs/phs/</a>

## Internships:

- + LGBTQ+ Studies <a href="https://lgbt.sdsu.edu/internships">https://lgbt.sdsu.edu/internships</a>
- + SPH Internship drive <a href="https://drive.google.com/drive/folders/12KqB5fR">https://drive.google.com/drive/folders/12KqB5fR</a> K29u1 <a href="mailto:GTjikfnQt3PK4v0k5b?usp=sharing">GTjikfnQt3PK4v0k5b?usp=sharing</a>

