

GBM *Twa*



STUDENTS 4 PUBLIC HEALTH

📍 Pride Suite | Wednesdays at 2-3 PM

📺 Meeting ID: 840 2363 2041

Spring 2022 Schedule

GBM 1: 2/09/22 | VIRTUAL

GBM 2: 2/23/22 | IN-PERSON

GBM 3: 3/09/22 | VIRTUAL

Health Career Q&A Panel:
3/23/22 | VIRTUAL

GBM 4: 4/06/22 | TBD

E-Board Interviews: 4/20/22

End of Semester Banquet:
5/04/22 | IN-PERSON

*ALL listed events are during regular GBM time
schedule is tentative & subject to change



OUR MISSION

Dedicated to preventing disease, promoting health, and protecting the students at SDSU & the community at large.

We are focused on community service, distribution of educational resources, and collaborative projects.

join the fam!

Spring 2022

Biweekly GBMs on Wednesdays at
2-3 PM

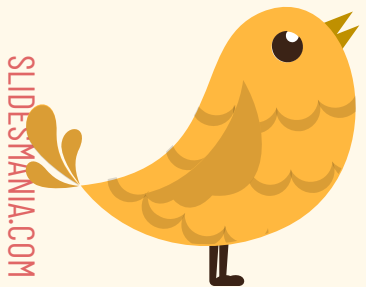
Our next GBM will be in two weeks
(03/09) on ZOOM and we will be
having a Guest Speaker!

Mission

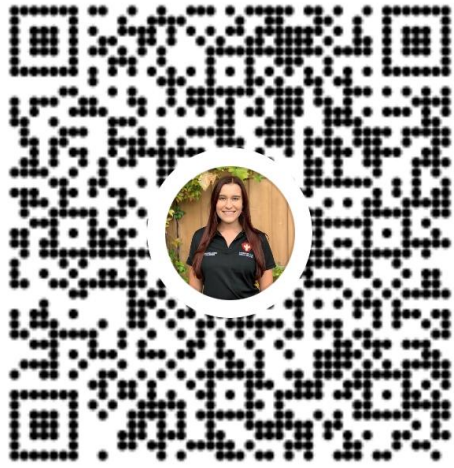


Students 4 Public Health is a student organization dedicated to **preventing, promoting, and protecting** the students of San Diego State University, as well as the community at large.

Our goal: To raise awareness of disease by promoting healthy behaviors, preventing illnesses, and protecting the members of the community through community service, distribution of educational resources, and collaborative projects.



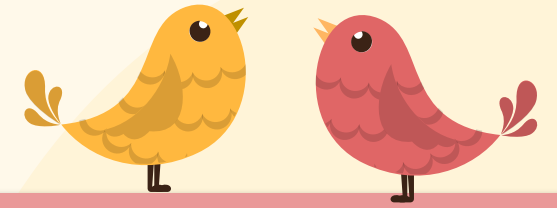
Membership Dues



venmo

- **How much?**
 - *NEW* members: **\$15**
 - *RETURNING* members: **\$10**
- **Payment method**
 - **Venmo:** @S4PHTreasurer
 - Payment will be liked to confirm it's been received!
 - **DUE BY THE THIRD MEETING:**
3/09/2022

Point System



4 Fundraising/Social

2/4 points must come from fundraisers

This includes Volunteer opportunities!

The other 2 must be social points

3 GBM

Remaining GBMs will be all virtual via Zoom!

2 Educational

Standard point opportunities offered

3 SSF

“Student Success Fee” Points

Mix of virtual and in-person events



S&S&F Events



Career Building Events

Health Career Q&A Panel

Wednesday, March 23rd at 2-3 PM

**During regular GBM time (VIRTUAL)*

Empowering Your Future Mini Fair

Wednesday, April 13th at 10am-1pm

Scripps Cottage & Patio

Unmasking Imposter Syndrome

TBD – VIRTUAL

Art 4 Healing Events

Plant Care as Self Care

Tuesday, March 8th at 11am-12:30pm

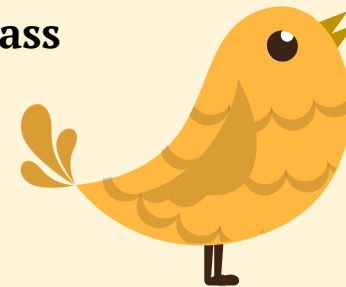
Scripps Cottage & Patio

Art Therapy Workshop

TBD – IN-PERSON

Yoga Class

TBD



Plant Care as Self Care

RSVP: [Bit.ly/S4PHplants](https://bit.ly/S4PHplants)

Tuesday, March 8th at 11am-12:30pm
Scripps Cottage & Patio

Join Rachael Cohen, from Infinite Succulent, as she discusses some of the science, and energy, behind our beneficial relationships with plants. Rachael will share her story of personal transformation through plant interaction and will guide all participants in making their own unique succulent terrariums.

1 SSF point

11 SEATS LEFT!!!



STUDENTS 4 PUBLIC HEALTH

Plant Care as Self-Care

with Rachael Cohen

TUESDAY, MARCH 8TH

- 11 AM to 12:30 PM
- SDSU Scripps Cottage & Patio
- RSVP at: [Bit.ly/S4PHplants](https://bit.ly/S4PHplants)
Event capacity: 40 attendees

Event sponsored by Student Success Fee
students4publichealth.weebly.com



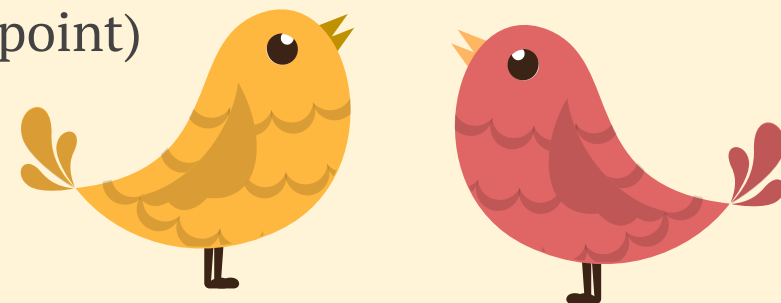
Show interest by filling out our
Google Form: [Bit.ly/S4PHhotchocolate](https://bit.ly/S4PHhotchocolate)



Hot Chocolate Run

The Hot Chocolate 15k/5k is seeking volunteer groups to assist with the Race Day event at Petco Park on Sunday, March 20th from 5:30am-11am. Volunteers will be stationed at either the start line, finish line, Chocolate tent, Gear Check tent, and various other locations along the 15k!

Due to the demand of volunteers needed, we will be offering members ***2 FUNDRAISING POINTS*** towards active membership! (Drivers will receive an extra point)



Grad Cord Request Form

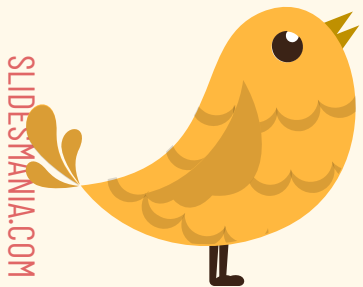
If you are a graduating senior and have been active for 2 semesters, please fill out this Google form so we know to give you a cord for graduation!

To be eligible for a cord, you must have been an active member for the *Fall* of your senior year in addition to active membership in *any* other semester!

Form is due by our third meeting: March 9th, 2022



← bit.ly/S4PHcords





**Access important links
through our new
Beacons!
(previously LinkTree)**

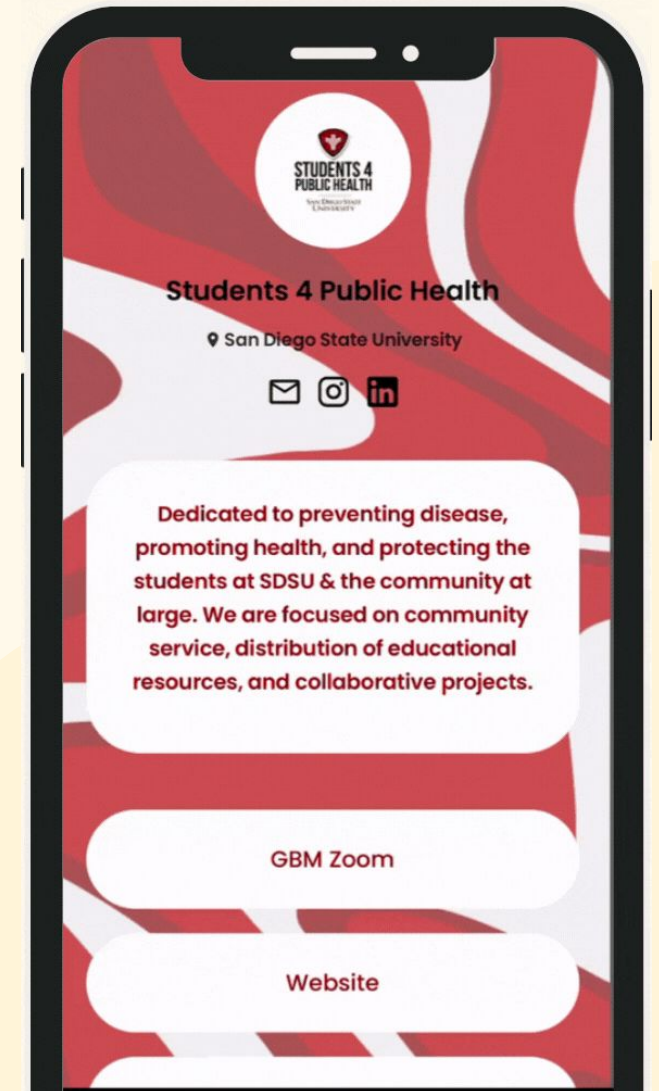
GroupMe:



Stay connected with us!

**We mainly communicate new
updates through Instagram &
GroupMe**

IG: @students4publichealth



Make sure to join our mailing list if you haven't already →



Sign-In:

Thank you!

Do you have any questions?

IG: students4publichealth

Website: students4publichealth.weebly.com

LinkedIn: SDSU students 4 public health

See you at the next GBM
at 3/09 from 2-3PM
On ZOOM





Social - Kindness Kits!